



Edible Food Recovery PRODUCE WORKSHEET

Use this worksheet to determine the total pounds (lbs) of produce donated. Record the type, quantity, and the calculated weight of your donations here.

To find donation (lbs.) value, multiply standard weight by quantity, and then add total weight values together for all donated produce. For example, a donation of 16 cabbages and 7 pineapples would be:

Cabbage: 2.00 lbs x 16 = 32 lbs

Pineapple: 3.50 lbs x 7 = 24.5 lbs

Donation: 56.5 lbs of produce

Business Name

Date

Donation (lbs.)

Produce Type	Standard Weight (lbs)	Quantity	Total Weight (lbs)
Apple	0.40		
Asparagus (Bunch)	0.75		
Avocado	0.38		
Banana	0.26		
Beet Greens	0.01		
Beets	0.25		
Bell Pepper	0.38		
Blueberries (Pint)	0.75		
Broccoli (Head)	0.50		
Brussel Sprouts	0.03		
Cabbage	2.00		
Carrot (Bunch)	0.50		
Cauliflower (Head)	1.10		
Celery	1.00		
Cherries (1 Bag)	2.50		
Corn (Ear)	0.04		

Produce Type	Standard Weight (lbs)	Quantity	Total Weight (lbs)
Cucumber	0.55		
Eggplant (European)	1.50		
Eggplant (Thai)	0.40		
Fig	0.11		
Grapes (Cluster)	0.50		
Grapefruit	0.54		
Herbs (Bunch)	0.10		
Kiwi	0.17		
Kale	0.44		
Lemon	0.22		
Lettuce (Head)	1.80		
Lime	0.11		
Mango	0.44		
Melon	3.00 Cantaloupe 4.00 Honeydew		
Mushrooms	0.03		
Nectarine	0.33		

