

The Black Infant Health Program Can Help You With:



Assistance with prenatal care appointments and a Public Health Nurse to answer health questions.



Birth Control information and referral.



Classes to help you have the healthiest baby possible and be the best mom you can be.



Doctor and hospital referrals in your community.



Early Head Start services provided by Child Start, Inc. and events to enhance your social skills.



Fatherhood/Role of Men classes to improve parenting and life skills.



Groups for empowering African American mothers-
SISTAH TALK.



Home visits, workshops, classes and referrals for pregnancy & parenting needs.



Individualized services based on your needs.



Just a lot of fun. Make new friends, get items for your baby and earn free gifts.

You Can Join The Black Infant Health Program if You Are:

- An African American woman who is pregnant or the mother of an infant less than three months old.
- 18 years or older
- Live in Vallejo, Fairfield, Suisun, or Vacaville



A Healthy Baby Starts with YOU!

Call us:

Vallejo: (707) 552-BABY

**Fairfield, Suisun, Vacaville:
(707) 784-8770**



The **Black Infant Health (BIH)** Program is dedicated to helping African American women get ready to have and raise healthy babies.

Through early and continuous prenatal care and postpartum groups women learn how to stay well and feel good.

Women who have participated report that they learned a lot, had fun, and made new friends at the same time.

Our staff includes professional:

- Social Workers
- Public Health Nurses
- Family Health Advocates



BLACK INFANT HEALTH PROGRAM

FAIRFIELD / VACAVILLE
(707) 784-8770

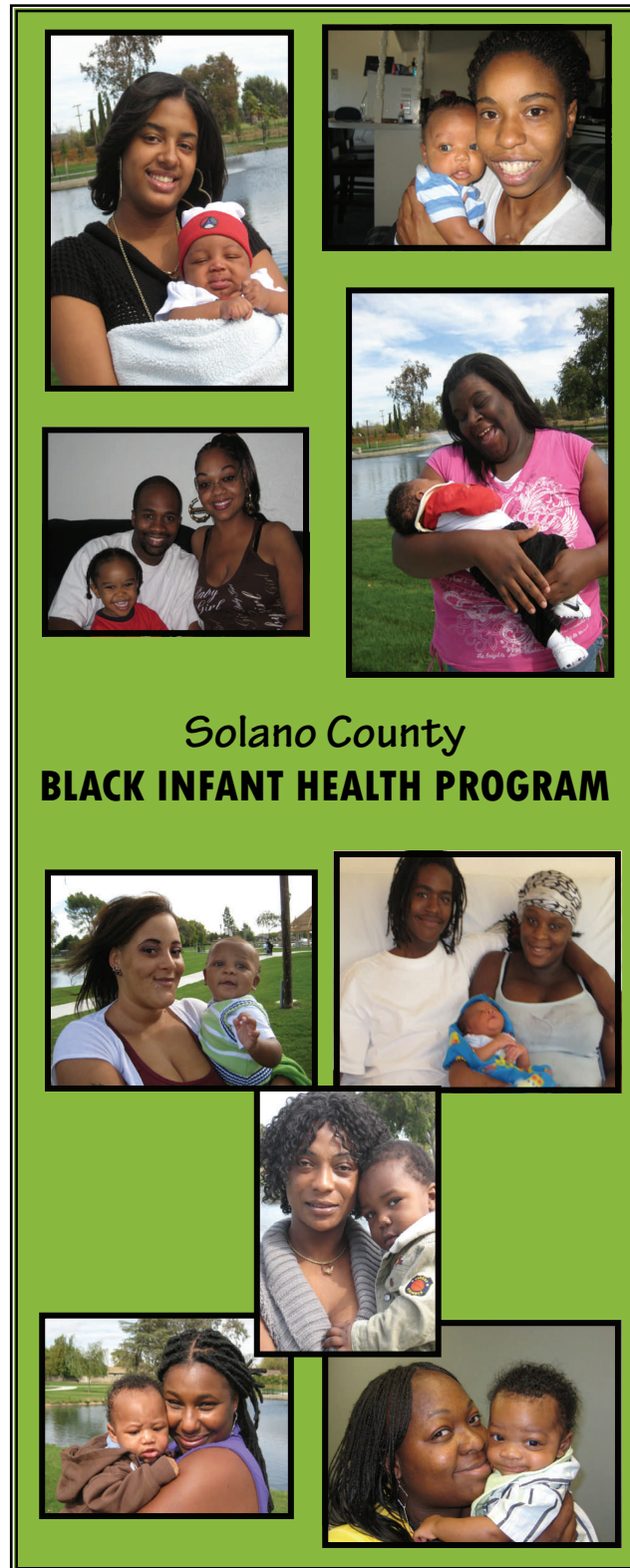
VALLEJO
(707) 552-2229 (BABY)



Maternal, Child and Adolescent Health Bureau



MCAH Program



Solano County BLACK INFANT HEALTH PROGRAM