

# MHSA Stakeholders FY 12-13 Annual Update & Community Planning Meeting

Solano County Mental Health

December 5, 2012

3:00 pm - 4:30 pm

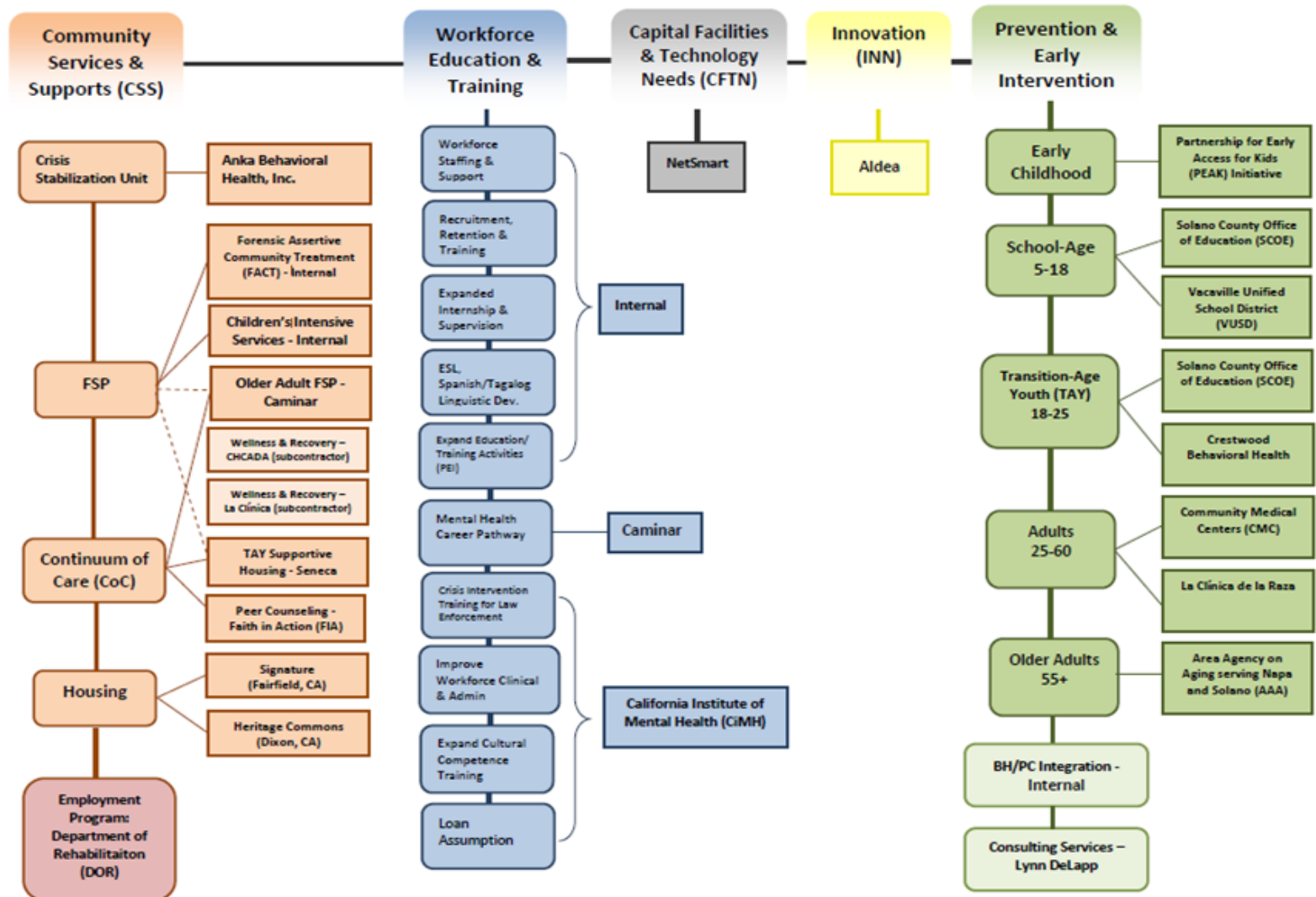
# MHSA Stakeholder Meeting

- Please remember to sign-in
- Meeting is being recorded
- Public Meeting per MHSA regulations
  - All questions presented in writing
- Brief Overview
  - Handouts provided
  - Annual Update report available online 12/12

# Meeting Goals

- Gather community input on:
  - Highlights of FY 2012-13 MHSA update
  - Proposals from Solano County Mental Health on changes to MHSA plan for FY 2013-14
  - The greatest gaps in services for Solano County residents with mental illness or emotional disturbance
  - Identification of unserved and underserved populations
  - Recommended changes to MHSA

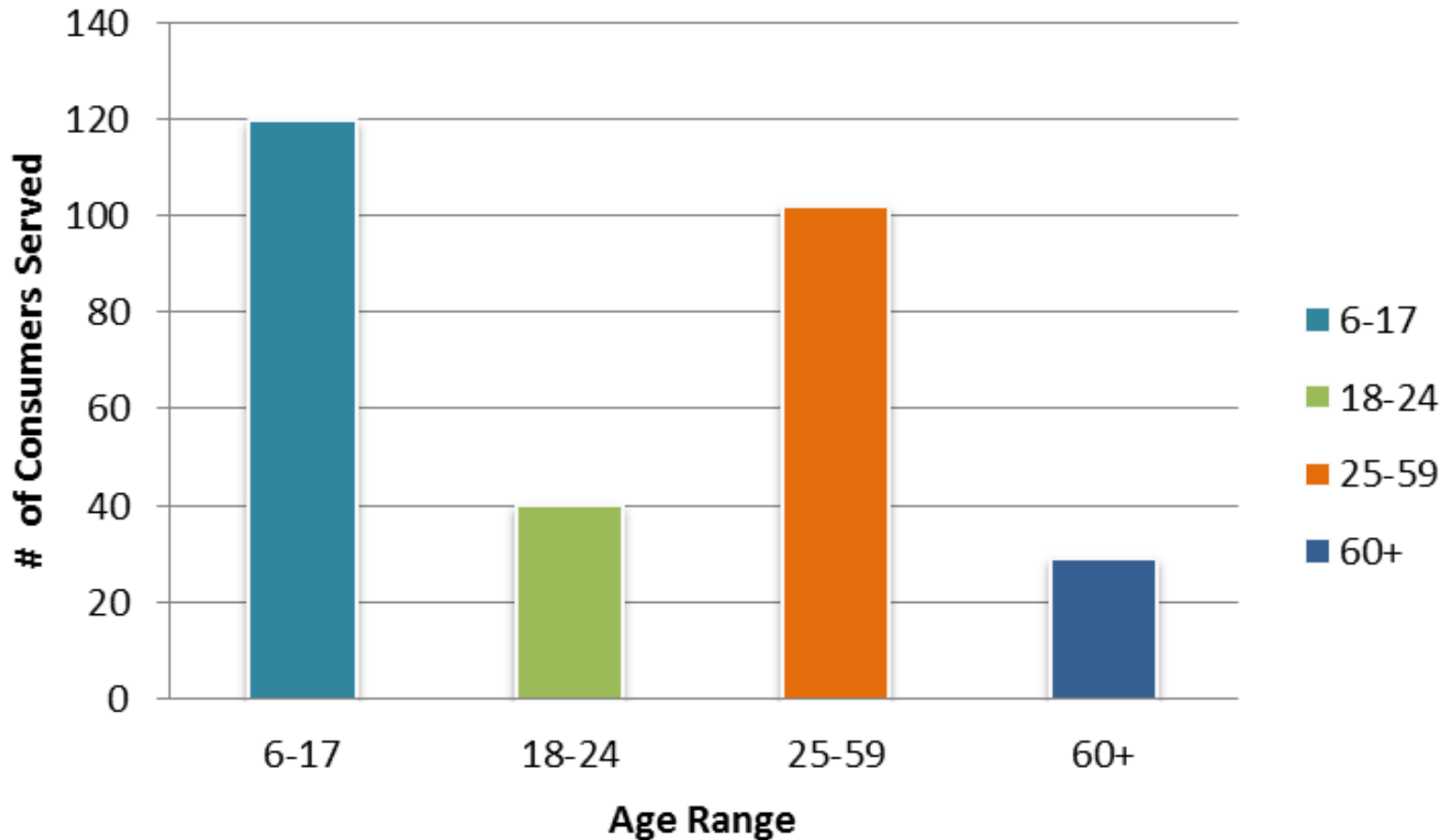
# Solano County MHSA Programs



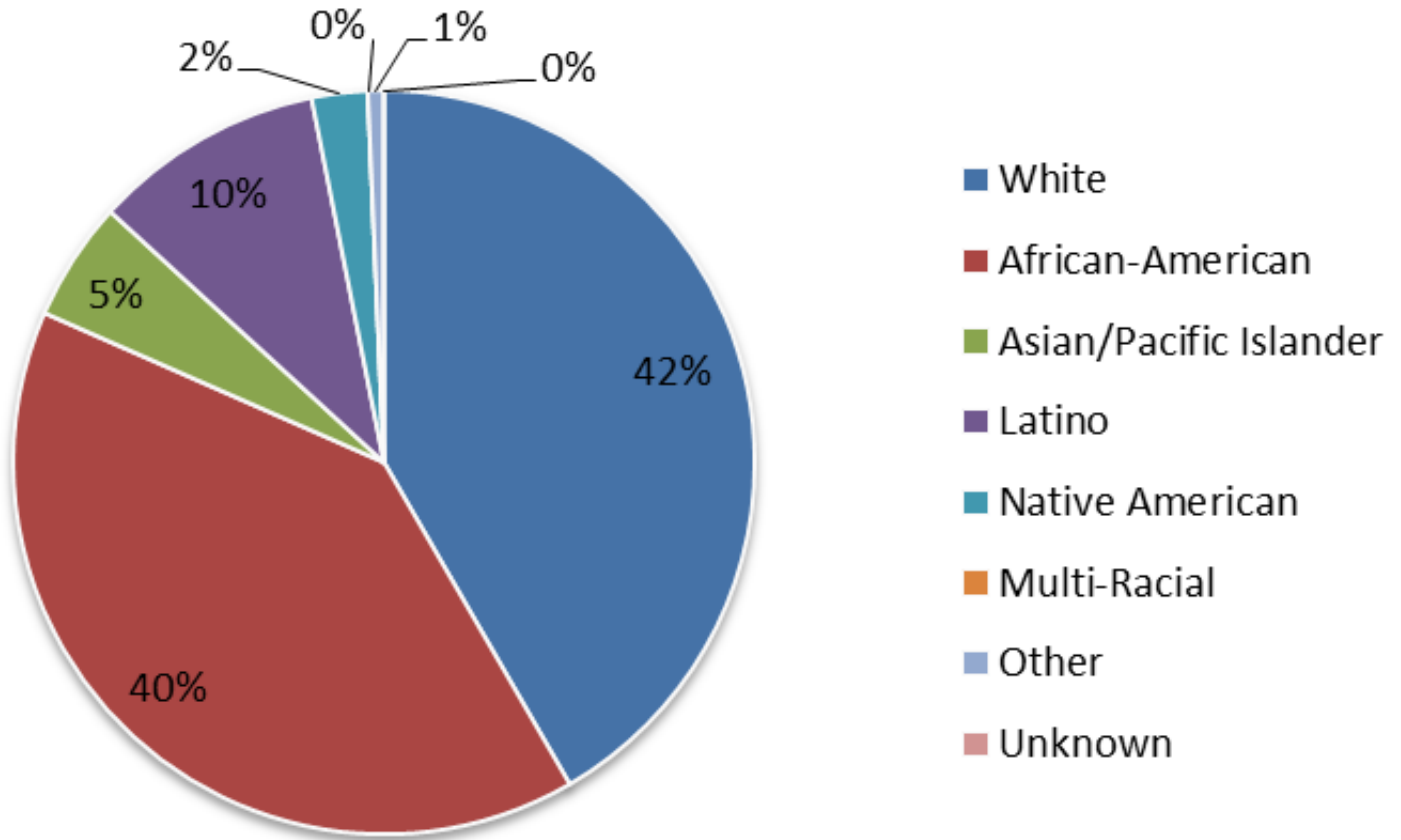
# Community Services and Supports (CSS) Full Service Partnerships

- Serve individuals with Severe Emotional Disturbance or Severe Mental Illness
- “Whatever it Takes”
- 4 FSP’s
  - Children’s Multi-Disciplinary Intensive Services
  - Young Adult (TAY)
  - Adult Forensic Assessment Community Treatment
  - Older Adult
- Solano County FSPs served a total of 291 individuals
- 66% Male, 34% Female

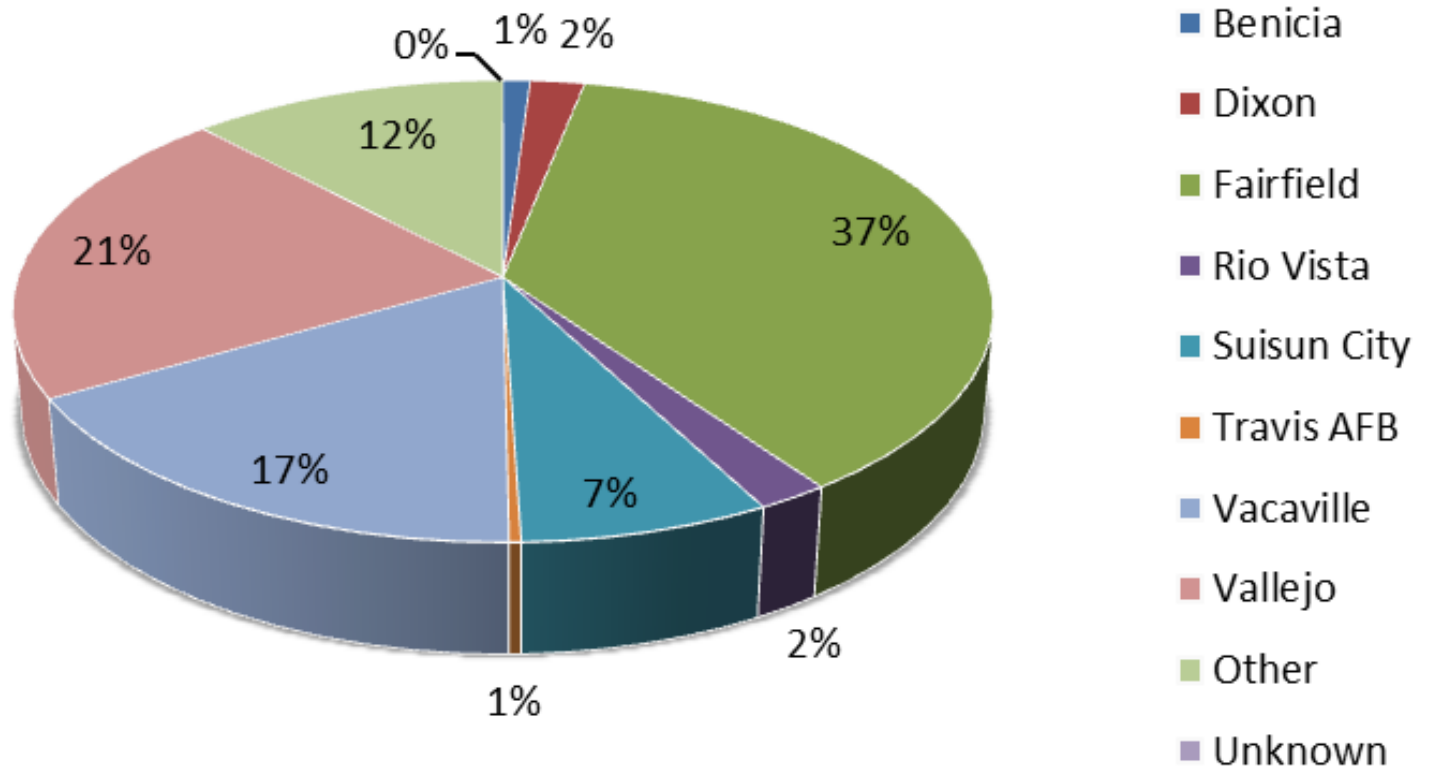
# Full Service Partnerships Consumer Age



# Full Service Partnerships Consumer Race/Ethnicity



# Full Service Partnerships Who Are Served? Consumer Residence





# Children's FSP

- 120 Children served by SCMH staff
- Services include:
  - Mental Health Therapy
  - Case Management
  - Medication management
  - Wellness and recovery skills building
  - Links to community resources

# Young Adult FSP (TAY)

- Services provided by Seneca Center and First Place for Youth
- Performance Measures in FY 11-12
  - The Young Adult FSP served 13 TAY
  - 5 of 13 provided therapy within 30 days
  - All were connected to supported services
  - 6 employed and 6 enrolled in school
  - 5 expanded their social networks and 10 developed coping skills

# Adult FSP

## Forensic Assessment Community Treatment (FACT)

- Served 128 Adults and Transition Age Youth recently released from incarceration in FY11-12.
- Services provided by SCMH staff
- Performance measures:
  - 13% referred to education programs
  - 14% connected with substance abuse treatment
  - 65% were housed each month
  - 11% had incidents of homelessness; 5% returned to jail

# Older Adult FSP

- Services provided by Caminar
- 25 older adults served in FY2011-12
- Performance measures
  - 100% of participants experienced a reduction of psychiatric symptoms and/or improvements in symptom management
  - 96% complied with daily medication management

# CSS System Improvements

## Foster Family/Bilingual Support

- Served 127 children/families referred by Child Welfare Services who were at risk for/ in foster care, many of whom were monolingual or bilingual Spanish-speaking Latinos.
- Services delivered in diverse languages
- 19% spoke language other than English
- 68% from underserved populations

# CSS System Improvements

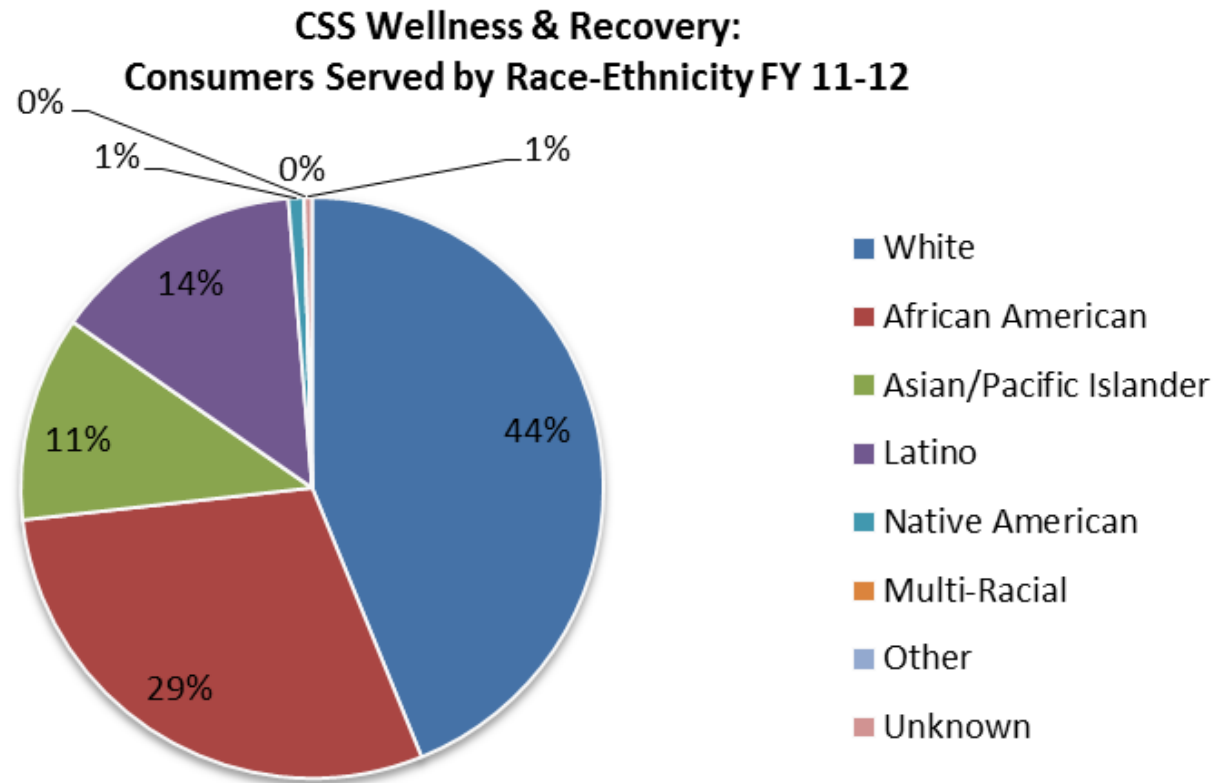
## Behavioral Health/Primary Care Integration

- Two community health clinics provide behavioral health screening, support and psycho-education groups, and brief interventions with social workers
- In FY11-12, 2,741 people served
- 49% of consumers who participated in six social work visits improved their symptoms
- All participation targets exceeded

# Continuum of Care Wellness and Recovery

- Drop-in centers in Vallejo and Vacaville operated by Caminar, California Hispanic Commission, and consumers.
  - Wellness and Recovery Action Plans
  - Counseling
  - Support Groups, including 12 step
  - Peer Counseling and Mentoring,
  - Employment Preparation, and
  - Workshops on self-management, health, life skills, relapse, etc.
  - 230 individuals were served in the two centers.

# Continuum of Care Wellness and Recovery





# Continuum of Care Wellness and Recovery

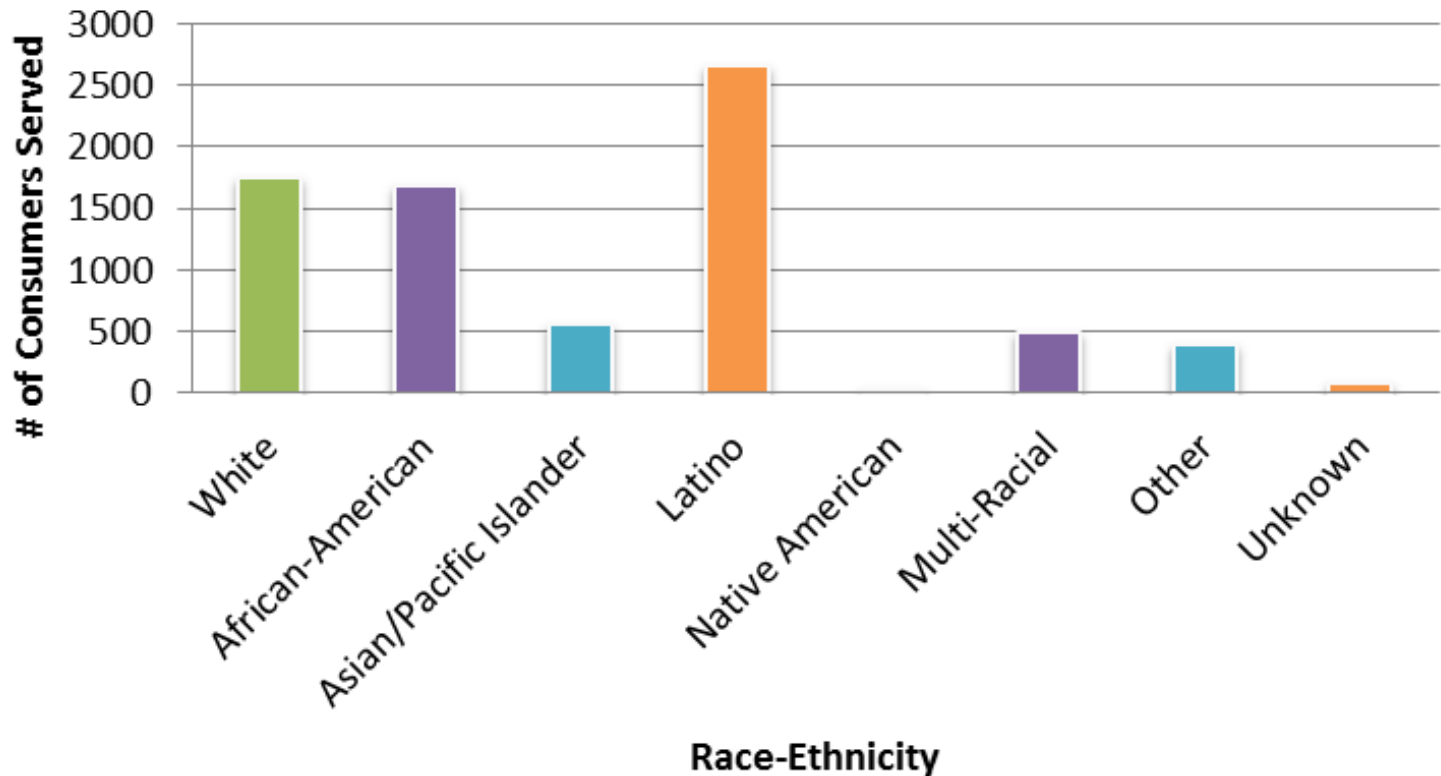
- Performance measures
  - In Vallejo (Caminar):
    - 23 (25%) of 93 consumers participated in WRAP activities.
    - 14 reported meaningful life activities
  - In Vacaville (California Hispanic Commission):
    - 62 (52%) showed decreases in symptoms
    - 59 reported greater connection with the community institutions and resources.

# Continuum of Care

- Other Continuum of Care Programs (funded by CSS)
  - Peer Counseling for Homebound Seniors (Faith in Action)
  - Supported Housing (Caminar)
  - Jobs +/-Mental Health Career Pathways (Caminar)
  - Mental Health Collaborative

# Prevention and Early Intervention (PEI)

PEI Consumers Served by Race-Ethnicity



# Prevention and Early Intervention

- Performance measures
  - Early childhood: 57% of young children screened by PEAK showed significant concerns needing referrals to services
  - School age: 56% decrease in office referrals after anger management class (VUSD)
  - 74% of teachers learned skills to handle defiance, fights, and student problem-solving (SCOPE)

# Prevention and Early Intervention

- Transition Age Youth (TAY)
  - 42% completed GED, high school diploma, or Solano Community College certificate program
  - 72% attained at least 2 days of employment weekly
  - 35% completed 90 days of work
- Older Adult
  - 81% who completed Gatekeeper training demonstrated increased knowledge of mental health
  - 95% of consumers exiting Navigator case management reported increased support and decreased isolation.

# Innovation

## Community Access to Resources & Education (CARE)

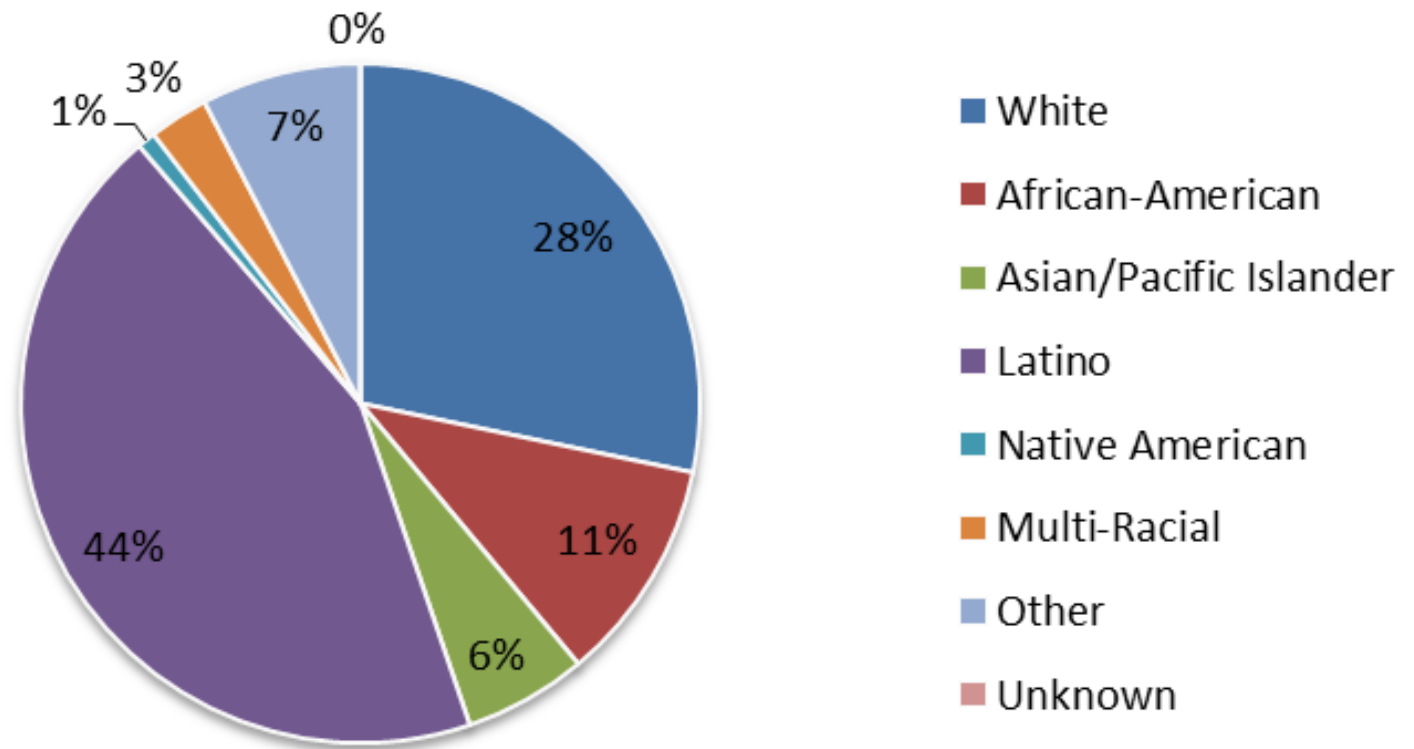
### Performance Measures

- 98% of participants in mental health first aid training reported increased knowledge of mental health issues and reduction in stigma of mental illness
- Psychiatric services 120 (171% of target) received services
- 674 consumers served

# Innovation

## Community Access to Resources & Education (CARE)

### Innovation Consumers Served by Race-Ethnicity FY 11-12



# Workforce Education and Training (WET)

- Outreach and Engagement to underserved and unserved communities
- Training: Evidence-based Practices – Depression Treatment Quality Improvement
- Implementation of California Brief Multicultural Competency Scale training throughout the entire mental health system
- Mental Health Loan Assumption Program – 5 recipients, two Spanish/English bilingual.



# Capital Facilities and IT/Housing

- Capital Facilities and IT
  - Contractor selected for Electronic Health Records implementation
  - Implementation currently underway with “go live” scheduled for July 2013.
- Housing
  - Fairfield:
    - Signature project in Fairfield completed construction
    - Houses 7 families
  - Vallejo Shared Housing:
    - Developer unable to complete project
  - Dixon:
    - Heritage Project to house 25 older adults
    - Construction started spring 2012, occupancy by 2013

# Revisions to MHSA Plan for FY12-13

- Full Service Partnerships
  - Adult FSP - Expand capacity through regional teams
  - Children's FSP – Increase number of children served
- Continuum of Care
  - Crisis Stabilization Unit is open; on-site, 23 hour crisis facility serving all ages.
  - Wellness and Recovery – expand outreach to Latino community, adds peer mentors
  - Behavioral Health/Primary Care Integration adds focus on outreach and engagement to underserved groups

# Revisions to MHSA Plan for FY12-13

- **PEI**
  - Early Childhood –intensive case management
  - School-Age – provides services to K-12
  - TAY – includes high schools, career tech, mental health education
  - Older Adult – additional services offered to those 50+, such as the Grandparents Raising Grandchildren Support Group.
- **Innovation**
  - Provides mental health first aid to public
  - Strengthens partnerships for referrals and follow-up
  - Sustain the program

# Timeline

- **December 12, 2012 – January 12, 2013**  
Public Review & Comment Period
- Comments should be submitted to Niccore Tyler at [NJTylersolanocounty.com](mailto:NJTylersolanocounty.com).
- The final plan will be presented to the Local Mental Health Board on **January 15, 2013.**

# Community Input

- Small groups
- Respond to 4 questions
  - What are your thoughts and questions on the update?
  - What are the biggest gaps in services, particularly for SMI/SED?
  - Which populations have the greatest unmet need?
  - What would you add/change?
- Small group report out

# Integrated MHSA Plan

- FY14-15
- Single plan, including CSS, PEI, Innovation
- Guidelines:
  - 80 % CSS
  - 20% Prevention and Early Intervention
  - Must include 5% Innovation

# Integrated MHSA Plan

- Build on 2010-12 Strategic Plan which created the first elements of Continuum of Care and included recommendations for:
  - Coordinated, seamless continuum of care for all age groups (Birth to Older Adults)
  - Collaborative relationship among all partners, to encourage “seamless” consumer flow among programs, levels of care, public and private providers

# Development of Integrated MHSA Plan

- Timeline - Today through mid-2013
  - Community Planning Process
  - Strategic Planning Steering Committee
  - Request for Proposal (RFP) Process
  - New/Continuing Contracts
- New plan to go into effect 2014-15



# MHSA Contacts

Niccore Tyler – MHSA Project Manager

[Njtyler@solanocounty.com](mailto:Njtyler@solanocounty.com)

Halsey Simmons – Mental Health Director

[Hsimmons@solanocounty.com](mailto:Hsimmons@solanocounty.com)

Lynn DeLapp – Consultant to MHSA

[Ldelapp@davisconsultants.net](mailto:Ldelapp@davisconsultants.net)

Lisa Singh – MHSA Office Assistant

[Lmsingh@solanocounty.com](mailto:Lmsingh@solanocounty.com)