

# Update -2012-15 Prevention and Early Intervention Plan

MHSA Stakeholders Meeting  
November 29, 2011

# Step 1: Community Forums

- 11 Community Forums attended by 210 stakeholders and interested citizens
- Common themes:
  - Cultural competence:
  - Community Awareness and Education about Mental Health
  - Service Integration/Collaboration
  - Current PEI programs effective
  - Many populations remain under-served by PEI
  - Gaps in services

## Step 2: PEI Steering Committee

- Representing key age groups, ethnic and geographic communities, public and private services.
- Charged with developing plans for 2012-15, based on community input
- 4 meetings – Sept-November

# Draft Plan Components:

## Early Childhood

- Continue Partnership for Early Access for Kids (PEAK) - a multi-agency collaborative providing early identification and services to infants and children with special needs prior to reaching school age
  - Includes parent and caregiver education, provider education and training, screening, assessing, referrals and treatment
  - Adds short-term “Intensive Case Management”
  - Starts to shift screening and assessment to other community based providers
  - Increases infants/children receiving “limited early intervention/treatment” to include children who are “falling through the cracks”

# Draft Plan Components - School- Age

- Continues to provide short-term school-based individual and group services to children who have been identified as at risk of school failure due to social/emotional issues; expands services to K-12.
- Continues Multi-Disciplinary Teams for secondary students who are at risk of or who have had a first contact with the juvenile justice system; will now offer case management.

# Draft Plan Components - TAY

- Continues to provide supported education and employment services to youth at risk of or after first break; extends services down to age 16; expands educational services to high schools, adult schools and career tech programs
- Continues to provide parent education through community workshops
- Will educate students and school staff on mental health issues
- Will extend outreach to juvenile hall and county jail.

# Draft Plan Components - Adults

- Will continue consumer-operated wellness and recovery services, including:
  - Support groups
  - Wellness skills development, including development of WRAP plans
  - Peer mentoring
- Will emphasize outreach and engagement to under-served populations

# Draft Plan Components: Seniors

- Will continue Gatekeeper program which trains individuals and health providers working with seniors to recognize mental health issues and refer seniors to services
- Will continue Navigator program to provide support, referrals and limited case management to seniors identified with mental health issues.
- Extends program to serve some individuals under 60



# Draft Plan Components: Behavioral Health Integration/Latino Access and Engagement

- Continues to fund mental health clinicians working in health clinics to screen, assess and provide brief services to clinic consumers with mental health issues.
- These services will be expanded in specific clinics with demonstrated cultural competency in serving Latino consumers.

# Timeline

December 9– Draft of PEI Plan completed, distributed to Steering Committee for review

December 16-30 – Draft revised, based on Steering Committee and Mental Health Director comments

December 30 – Draft Plan available for review

January 2 – Public Comment period begins

January 17 – Public Hearing – Local Mental Health Board

February – Final PEI Plan

# Comments or Questions?

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