Family Member / Loved Ones Support Group



Are you the family member or loved one of an individual with a mental health issue, or suspected of having a mental health or emotional problem? Do you need a place to go that is safe, supportive & nonjudgmental? Would you like to speak with others who are sharing the same or similar experience? If so, please come join us!

> 2nd Monday of each month 10:00a.m. to 12:00p.m.

Rio Vista Library 44 South 2nd Street Rio Vista, CA 94571

For more information please contact: Rachel E. Ford, Consumer Liaison Solano County Mental Health 707 - 553 - 5735 office <u>reford@solanocounty.com</u>