



# Nutrition Services Overview





# **Solano WIC Program Facts**

- **Services to 11,200 women, infants and children each month**
- **Approximately 800 individuals are enrolled each month**
- **There are 4 main sites and 2 satellite sites**

# WIC Program Eligibility

- **Income up to 185 percent of poverty**
  - Example - \$3,184 per month for a family of 4
- **Pregnant, breastfeeding and new mothers, infants and children up to the 5<sup>th</sup> birthday**
- **California resident**



# WIC Program Services

- **Nutrition Education and Breastfeeding Support**
  - Individual and group
  - Newest adult learning methods





# WIC Program Services

- **Linkages to health programs**
  - 92% of infants and children have health coverage
- **Food Assistance**
  - Checks to purchase specific food



| INDIVIDUAL NO.                                                                                                                                                                   | PARTICIPANT / PARENT / GUARDIAN | FIRST DAY TO USE                                                                                                                                                                | LAST DAY TO USE | SERIAL NO.                                                                                                              |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|-------------------------------------------------------------------------------------------------------------------------|
| 911515611IP                                                                                                                                                                      | IVETTE PARTICIPANT              | OCTOBER 01 06                                                                                                                                                                   | OCTOBER 31 06   | 012345678                                                                                                               |
| CALIFORNIA <b>wic</b><br>WOMEN, INFANTS & CHILDREN                                                                                                                               |                                 | MILK/CHEESE/EGG                                                                                                                                                                 |                 | 700-902918001                                                                                                           |
| Pay to the order of:<br>WIC AUTHORIZED VENDOR                                                                                                                                    |                                 | Kind to buy:<br>*MILK-COW, FLUID<br>PASTEURIZED (GALLONS ONLY)<br>*CHEESE-CHEDDAR, JACK,<br>AMERICAN, MOZZARELLA IN<br>0.75 LB (12 OZ) OR LARGER<br>*EGGS-AA WHITE, SM, MED, LG |                 | 90-1342<br>1211<br>EXACT PURCHASE PRICE:<br>[ ]<br>*MUST NOT EXCEED MAXIMUM ALLOWABLE<br>DEPARTMENT REIMBURSEMENT RATE. |
| WIC PROGRAM<br>State of California<br><small>VALID FOR WIC APPROVED FOOD ONLY.<br/>VOID IF NOT DEPOSITED WITHIN 45 DAYS OF<br/>"FIRST DAY TO USE." NOT VALID IF ALTERED.</small> |                                 | How much to buy: UP TO:<br>2 GALLONS MILK, 2 DOZ EGGS<br>(DOZENS ONLY) 2 LBS CHEESE                                                                                             |                 | AUTHORIZED SIGNATURE (SIGN AT PURCHASE)                                                                                 |
| #0700# 0121113423# 0123456789 #                                                                                                                                                  |                                 |                                                                                                                                                                                 |                 |                                                                                                                         |

# Sample WIC Food Package





# WIC Program - Locations

- 365 Tuolumne - Vallejo





# WIC Program - Locations

- 2101 Courage Drive, Fairfield





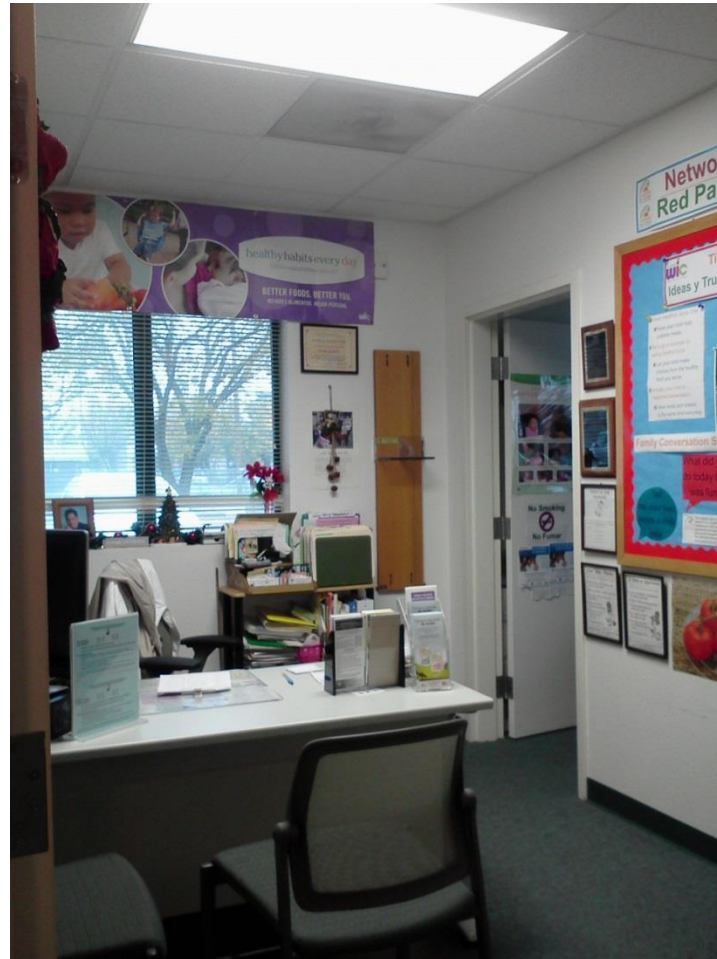
# WIC Program - Locations

- 1119 E. Monte Vista, Vacaville



# WIC Program - Locations

- 155 N. 2<sup>nd</sup> Street, Dixon





# Special WIC Projects

- **Farmers' Market Nutrition Program**
- **Breastfeeding Peer Counseling Program**



# WIC Satellite Sites

- Dixon Migrant Center
- Rio Vista Community Services





# Breastfeeding Coalition – Leadership



# Nutrition Education and Obesity Prevention Program (NEOP)





# NEOP - Schools





# NEOP - Events





# NEOP - Community Garden Support





# NEOP- Community Produce Program







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**Thank you!!**