

# Solano County ALCOHOL & DRUG ADVISORY BOARD

Meeting Minutes: May 13, 2015

# (Meetings are open to the public)

| BOARD MEMBERS                                 |  | H&SS   | PROVIDERS                          | GUESTS               |  |
|---|--|--|------------------------------------|----------------------|--|
| CHRISTIE LYNN DECLUE                          | P  | Andrew Williamson,<br>Substance Abuse<br>Administrator | Doug Carr, Healthy<br>Partnerships | Laura Kelly, AK Bean |  |
| TRACEY LEE                                    | P  |  | Kester McDonald, Genesis<br>House  |                      |  |
| LEE BOWEN                                     | P  |  |                                    |                      |  |
| GENE KORTE                                    | P  |  |                                    |                      |  |
| DEBI SANDERSON                                | P  |  |                                    |                      |  |
| KENT SHAW                                     | P  |  |                                    |                      |  |
| Kristina Feil, Board Assistant (707) 784-2221 | P  |  |                                    |                      |  |
| CALL TO ORDER                                 | Chairperson, Christie Lynn DeClue, called the meeting to order at 6:08 p.m. Introductions were |  |                                    |                      |  |
| Welcome & Introductions:                      | made and everyone was welcomed.  |  |                                    |                      |  |
|   | Note: All meetings of the Alcohol & Drug Advisory Board are recorded.                          |  |                                    |                      |  |
| <b>APPROVE May 13, 2015</b>                   | Corrected item VIII a. under Future Planning to June Agenda Planning                           |  |                                    |                      |  |
| AGENDA:                                       | A motion was made by Tracey Lee to approve the agenda as corrected, seconded by Kent Shaw.     |  |                                    |                      |  |
|   | Motion carried. No Abstentions. None Opposed.  |  |                                    |                      |  |
| APPROVE MINUTES OF:                           | A motion was made by Tracey Lee to approve the minutes as presented, seconded by Gene Korte.   |  |                                    |                      |  |
| April 8, 2015                                 | Motion carried. No Abstentions. None opposed.  |  |                                    |                      |  |

# TOPIC: COMMITTEE REPORTS

# A. Solano Prevention Recovery Alliance (SPRA) – Kester McDonald:

- SPRA met on May 11<sup>th</sup> to discuss the Recovery Rally scheduled for September
- The Vallejo City Park has been secured for the event
- Kester has emailed a request for commitment to participate to the SPRA Members and other people who may be interested
- Next SPRA meeting is on June 1<sup>st</sup> at 10:00 at Genesis House, and everyone is welcome

# B. Re-Entry/Community Corrections Partnership (CCP) – Andrew Williamson:

- The program is still spending the left over funds from last year, and may have more left over funds this year
- There was a motion to have a meeting in June before the next scheduled meeting
- Next scheduled CCP Meeting is in September

# C. Substance Abuse Administrator's Report – Andrew Williamson:

- 1115B Waiver still in progress
  - There has been more Waiver discussion groups with Phase 1 Counties; financial modeling was discussed and the group practiced on different rates, but a Fiscal Analyst will need to be included in this discussion to determine a better estimate
  - Currently, it is unknown when the Waiver will be approved; it was originally supposed to be approved in March by Center for Medicaid Services but they had questions and were awaiting response from the Dept. of Healthcare Services
- The residential waiting list has 35 men and women on it due to no funding as well as no beds available
- Two staff will be going on maternity leave soon; we have a part-time Office Assistant who started recently and will have another Office Assistant Extra Help start once our Office Assistant goes on leave

### D. Local Mental Health Advisory Board Report:

- Local Mental Health Board Representative on ADAB is currently vacant
- Christie was requested to join the Board during the last meeting application will still need to be approved by the BOS
- Christie attended the May is Mental Health Month (MMHM) Kick-Off on May 6<sup>th</sup> and reported the event was tremendous

# TOPIC: PUBLIC COMMENTS

This is your opportunity to address the Board on a matter not listed on the Agenda, but it must be within the subject matter jurisdiction of the Board. Members of the public will also be allowed to speak to specific agenda items prior to Board action. Please limit your comments to five (5) minutes. A "Request to Speak" form may be obtained from the Board Assistant upon request. Please note that, by law, no action may be taken on any item raised during the public comment period, but informational answers may be given and/or the item may be referred to staff for placement on a future agenda.

None

# TOPIC: OLD BUSINESS

### A. Recovery Symposium 2015

- Update since last meeting: As originally planned, the presentation for the BOS was presented on April 11<sup>th</sup> instead of it being rescheduled; Christie and Tracey both presented to the BOS and were supported by Andrew Williamson and Gerald Huber, the Director of H&SS
- Future planning: The Recovery Symposium will happen during our Sept. 9<sup>th</sup> ADAB Meeting; there will be small focus groups for a brief strategic planning of the implementation of the outcomes (housing, jobs, etc.) from the Oct. 2014 event 'Community Listening Forum' then ADAB will present it to the BOS and will hope for them to share it with their Dept. Heads to start to implement the plans

# B. WRAP – Acceptance of Oversight of the Program

• Tracey Lee has motioned to assume the role of Advisory Board for WRAP and was seconded by Debi Sanderson; motion carried and none opposed.

# TOPIC: NEW BUSINESS

# A. Thank you Jessie Knight for your service on the ADAB – resignation letter received March 23, 2015

• Everyone thanked and applauded Jessie for his service

# B. <u>Presentation: National Prescription Drug Abuse Summit, Kent Shaw, Deputy Director, California Dept. of</u> Justice, Division of Law Enforcement (ADAB Member)

- This summit held in Atlanta, GA in April of 2015 was the 4<sup>th</sup> annual summit and was the second one Kent has attended. It is the largest national collaboration of professionals from a wide variety of agencies including local, state and federal, academia, treatment providers, state and national leaders, and other advocates. There were about 1,600 people present at this summit, which included representatives from each state and union, and 13 other countries. Some of the cabinet level positions that were present were the Secretary of the U.S. Dept. of Health & Human Services, Tom Frieden from the Centers for Disease Control and Prevention, U.S. Food & Drug Administration, Nora Volkow from the National Institute on Drug Abuse, Patrick Kennedy (former U.S. Representative), and members of the U.S. Congress.
- The whole prescription drug issue has been quantified as an epidemic. More people are dying from accidental overdose than people dying from vehicle accidents. There has been 145,000 prescription opioid deaths in 10 years, that's 4 times as many deaths in 2013 as 1999. According to the National Vital Statistics System, California isn't one of the worst states, but the problem is the state is underreporting.
- Compared to cocaine and heroin, prescription opioids have had a much more dramatic increase in overdose since 1999. The whole industry and reps have had an increase in prescribing opioids, which resulted in an increased number of opioid overdose deaths.
- In 2012, there were 259M drugs prescribed and 18B opioid pills prescribed which are enough pills to give every American, 18 years or older, 75 opioid pills. U.S. consumes more than 90% of all the opioids in the world. Half of the U.S. opioid market is treatment for chronic, non-cancer pain, which has been an issue for over 100 years and was documented in the Virgil G. Eaton *How the Opium Habit is Acquired* The Popular Science Monthly 33, Sept. 1888, 663-67.

- Ten percent of the doctors prescribe 80% of opioids under worker's comp, and those doctors are reaping the benefits from all the payments coming in for worker's comp.
- Progress is possible if everyone works together. Some of the things that can be done are provide education for
  consumers, educators, and healthcare providers; prescription drug monitoring can be done; and a place for
  disposal.
- Effective April 10, 2015, an antidote to reverse opioid overdose is available for pharmacies to furnish.
- Two years ago, a Good Samaritan law was passed: People may now call 911 for someone who they were using drugs with and has overdosed without getting in trouble.
- The National Institute on Drug Abuse is currently working on a medication/treatment program that is tailored for specific individuals by looking at their genetic composition. They are also coming up with medication that will only trigger the high if it gets in contact with certain enzymes located in the intestines.
- Next scheduled Prescription Drug Take-Back Day is on Saturday, May 16, 2015 from 9:00-3:00 PM at the following locations:
  - 1) Benicia Police Dept., 200 East L St., (707) 746-4268
  - 2) Solano County Sheriff Coroner's Office, 520 Clay St. Fairfield, (707) 784-7500
  - 3) Vacaville Police Dept., 660 Merchant St. (707) 469-4707

# C. <u>Discussion of Amendment(s) of By-Laws (Recruitment, included), Christie Lynn DeClue, ADAB Chair</u>

- Questions arose during this discussion. Kristina will check with the County Administrator's Office on the following items:
  - 1) Once Christie's application to be a member on the Local Mental Health Advisory Board (LMHAB) is approved, can she be moved from the Member-At-Large position to the LMHAB Representative position since the LMHAB Rep is harder to fill?
  - 2) Can we change the name of the two positions 'An Individual who has received treatment or services for (1) a drug and (2) an alcohol problem and who has remained clean and sober for at least one year' to say 'An Individual who is in long-term recovery from substance use disorder'?

# TOPIC: FUTURE PLANNING

# A. June Agenda Planning:

- Kent will try to get a presentation together for an update on DR3 (Division of Recidivism, Reduction and Re-Entry)
- Christie will contact ATOD for a presentation

# **B.** On-going Recruitment:

- Current vacancies:
  - 1. District 2 (Benicia, Cordelia, Green Valley, Suisun Marsh, and portions of Vallejo and Fairfield)
  - 2. Local Mental Health Board Representative
  - 3. An individual who has received treatment or services for an alcohol problem and who has remained clean and sober for at least one year

# TOPIC: ANNOUNCEMENTS

• Solano Recovery Project Fundraiser: Kinder's dinner for \$15 on June 23<sup>rd</sup> from 4-7:30 – see Tracey Lee

# TOPIC: MEETING ADJOURNED

A motion was made by Tracey Lee to adjourn and was seconded by Gene Korte. Motion carried.

# ALCOHOL AND DRUG ADVISORY BOARD

| ALCOHOL & DRUG ADVISORY BOARD MEETING OF:                                       |   |  |  |  |  |  |
|---|---|--|--|--|--|--|
|   | (Meeting Date)  |  |  |  |  |  |
| AGENDA ITEM NO:   | TITLE:  |  |  |  |  |  |
| COMMENT OR FEEDBACK:  |   |  |  |  |  |  |
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| SUGGESTIONS:  |   |  |  |  |  |  |
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|   |   |  |  |  |  |  |
| I WOULD LIKE TO ATTEND YOUR BOARD MEETING ON:                                   |   |  |  |  |  |  |
|   | (meeting date):   |  |  |  |  |  |
| PLEASE ADD ME TO YOUR AC  | ENDA FOR (date):  |  |  |  |  |  |
| TOPIC I WILL BE SPEAKING (  | DN:   |  |  |  |  |  |
| SUPERVISOR PRINTED NAME   | • • • • • • • • • • • • • • • • • • •   |  |  |  |  |  |
| SIGNATURE:  | DATE:   |  |  |  |  |  |
| PLEASE RETURN TO:   | Kristina Feil, Board Assistant c/o H&SS Substance Abuse<br>2101 Courage Drive, M.S. 10-100, Fairfield, CA 94533 |  |  |  |  |  |
| QUESTIONS MAY BE DIRECT   | ED TO:  |  |  |  |  |  |
| Kristina Feil, Board Assistant: 784-2221 E-Mail: <u>kvfeil@solanocounty.com</u> |   |  |  |  |  |  |



# SOLANO COUNTY ALCOHOL & DRUG ADVISORY BOARD MEETING SCHEDULE

# 2015

| JANUARY 14, 2015  | FEBRUARY 11, 2015 | MARCH 11, 2015    | APRIL 8, 2015    |
|-------------------|-------------------|-------------------|------------------|
|                   |                   |                   |                  |
| MAY 13, 2015      | JUNE 10, 2015     | JULY 8, 2015      | AUGUST 12, 2015  |
|                   |                   |                   |                  |
| SEPTEMBER 9, 2015 | OCTOBER 14, 2015  | NOVEMBER 18, 2015 | DECEMBER 9, 2015 |
|                   |                   |                   |                  |

# The Alcohol and Drug Advisory Board (ADAB) meets the Second Wednesday of Every Month from 6 – 8 p.m. at Health and Social Services Building Solano Business Park Office of Substance Abuse, 2101 Courage Drive Fairfield, CA 94533 We meet in the:

# **SUBSTANCE ABUSE GROUP ROOM**

<u>ADAB MEMBERS</u>: If you are unable to attend, please call Board Assistant Kristina Feil at (707) 784-2221 so your attendance is recorded as "Excused" (3 consecutive unexcused absences allowed per our bylaws). An unexcused absence is when you do not attend a meeting and do not notify the board assistant or other member of the board.

<u>GUESTS</u>: All ADAB meetings are considered Public Meetings and are governed by the "Brown Act". All meetings are open to the public. If you plan on attending, please give a courtesy call to our Board Assistant, Kristina Feil, at (707) 784-2221. All meetings of the Alcohol and Drug Advisory Board are recorded.