

Nutrition Services Overview





Nutrition Services Programs

- **Special Supplemental Nutrition Program for Woman, Infants and Children (WIC) Program**
 - **Breastfeeding Peer Counseling Program**
 - **Farmers' Market Nutrition Program**
- **Breastfeeding Coalition**
- **Nutrition Education and Obesity Prevention Program (NEOP)**



WIC Program Overview

<http://vimeo.com/88451697>

A decorative border on the left side of the slide. It features a collage of fresh fruits including blueberries, watermelon, broccoli, oranges, and corn. At the bottom, it shows a basketball in mid-air with several hands reaching up towards it, suggesting a game or activity.

Solano WIC Program Facts

- **Services to 11,200 women, infants and children each month**
- **Approximately 800 individuals are enrolled each month**
- **There are 4 main sites and 2 satellite sites**

WIC Program Eligibility

- **Income up to 185 percent of poverty**
 - Example - \$3,184 per month for a family of 4
- **Pregnant, breastfeeding and new mothers, infants and children up to the 5th birthday**
- **California resident**



WIC Program Services

- **Inform, educate and empower about nutrition and breastfeeding**
 - Individual and group
 - Newest adult learning methods



WIC Program Services

- **Linkages to health programs**
 - 92% of infants and children have health coverage
- **Food Assistance**
 - Checks to purchase specific food



INDIVIDUAL NO.	PARTICIPANT / PARENT / GUARDIAN	FIRST DAY TO USE	LAST DAY TO USE	SERIAL NO.
911515611IP	IVETTE PARTICIPANT	OCTOBER 01 06	OCTOBER 31 06	012345678
CALIFORNIA wic WOMEN, INFANTS & CHILDREN		MILK/CHEESE/EGG		700-902918001
Pay to the order of: WIC AUTHORIZED VENDOR		Kind to buy: *MILK-COW, FLUID PASTEURIZED (GALLONS ONLY) *CHEESE-CHEDDAR, JACK, AMERICAN, MOZZARELLA IN 0.75 LB (12 OZ) OR LARGER *EGGS-AA WHITE, SM, MED, LG		90-1342 1211 EXACT PURCHASE PRICE: [] *MUST NOT EXCEED MAXIMUM ALLOWABLE DEPARTMENT REIMBURSEMENT RATE.
WIC PROGRAM State of California		How much to buy: UP TO: 2 GALLONS MILK, 2 DOZ EGGS (DOZENS ONLY) 2 LBS CHEESE		AUTHORIZED SIGNATURE (SIGN AT PURCHASE)
VALID FOR WIC APPROVED FOOD ONLY. VOID IF NOT DEPOSITED WITHIN 45 DAYS OF "FIRST DAY TO USE." NOT VALID IF ALTERED.				
"0700" 0121113423 0123456789 "				

Sample WIC Food Package



WIC Program - Locations

- 365 Tuolumne - Vallejo



WIC Program - Locations

- 2101 Courage Drive, Fairfield



WIC Program - Locations

- 1119 E. Monte Vista, Vacaville



WIC Program - Locations

- 155 N. 2nd Street, Dixon



WIC Satellite Sites

- Dixon Migrant Center
- Rio Vista Community Services



Special WIC Projects

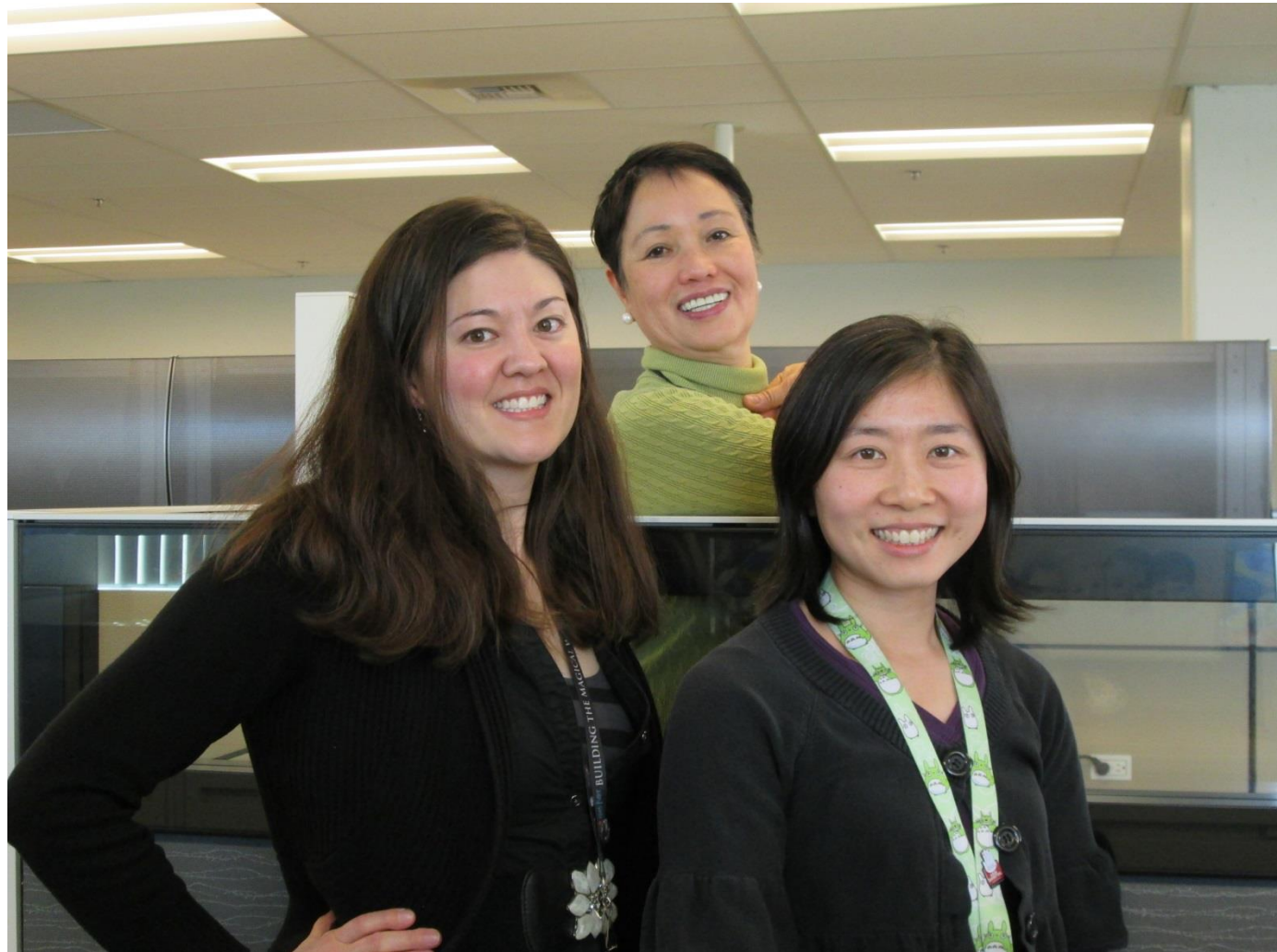
- **Farmers' Market Nutrition Program**
- **Breastfeeding Peer Counseling Program**



Breastfeeding Coalition

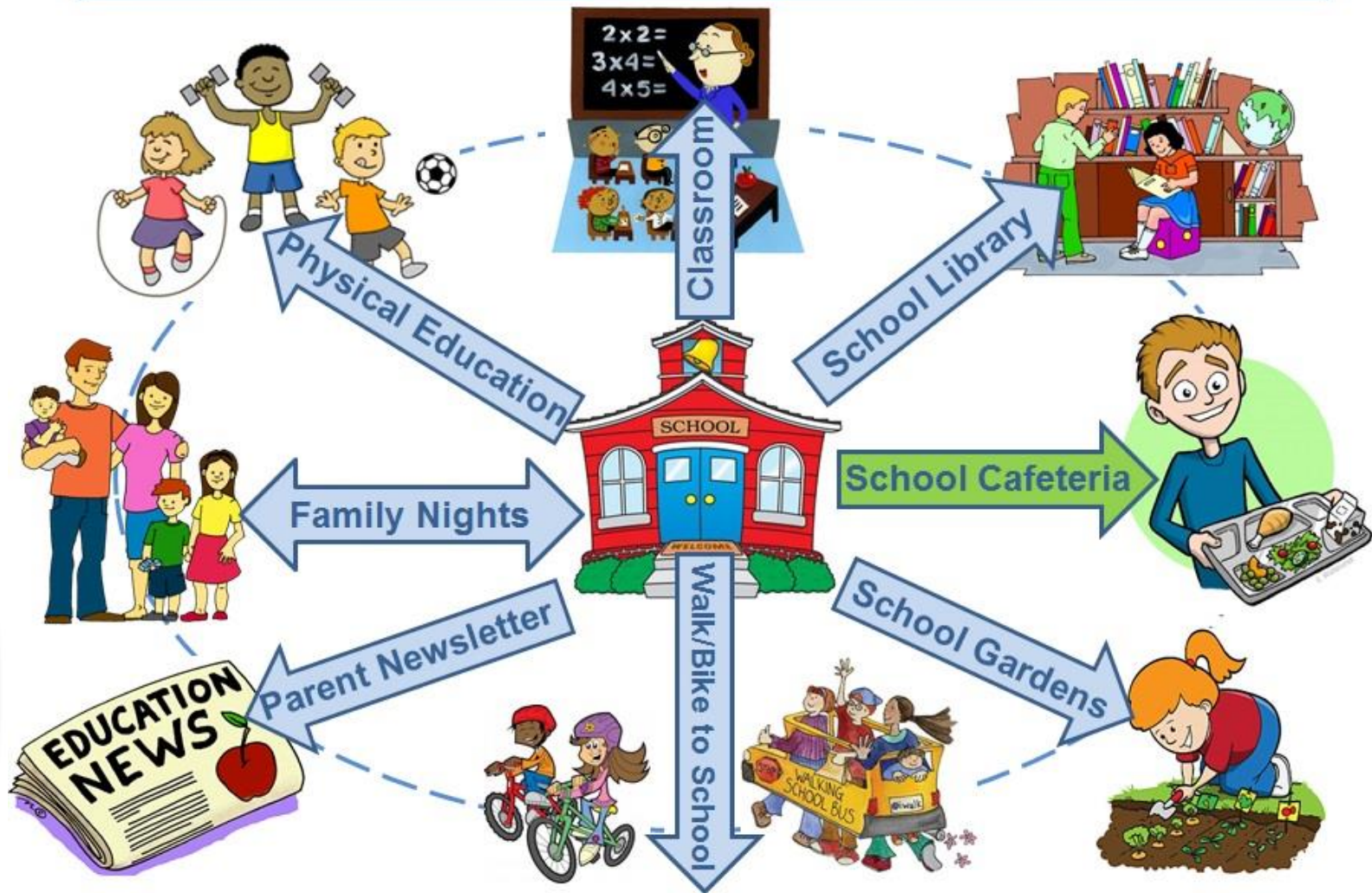


Nutrition Education and Obesity Prevention Program (NEOP)



NEOP - Schools

Whole School Approach Amplifying Obesity Prevention Outcomes



NEOP - Events



NEOP - Community Garden Support



NEOP- Fruit and Veggie Fest





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Thank you!!