

Solano County Health & Social Services
Solano Mental Health Division • MHSA



Mental Health Services Act Fiscal Year 2009-10 Annual
Update to the Three Year Program and Expenditure Plan

Final Report
May 18, 2009



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EXHIBIT A
COUNTY CERTIFICATION
MHSA FY 2009/10 ANNUAL UPDATE

County Name: Solano County

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I hereby certify that I am the official responsible for the administration of public community mental health services in and for said County and that the County has complied with all pertinent regulations, laws and statutes for this Annual Update. Mental Health Services Act funds are and will be used in compliance with Welfare and Institutions Code Section 5891 and California Code of Regulations (CCR), Title 9, Section 3410, Non-Supplant.

This Annual Update has been developed with the participation of stakeholders, in accordance with CCR, Title 9, Sections 3300, 3310(d) and 3315(a). The draft FY 09/10 Annual Update was circulated for 30 days to stakeholders for review and comment and a public hearing was held by the local mental health board or commission. All input has been considered with adjustments made, as appropriate.

All documents in the attached FY 2009/10 Annual Update are true and correct.

Signature

Date

Deputy Director, Mental Health
Local Mental Health Director/Designee

EXHIBIT B
Description of Community Program Planning and Local Review Processes
MHSA FY 2009/10 ANNUAL UPDATE

County Name: Solano County

Instructions: Utilizing the following format please provide a brief description of the Community Program Planning and Local Review Processes that were conducted as part of this Annual Update.

1. Briefly describe the Community Program Planning Process for development of the FY 2009/10 Annual Update. It shall include the methods for obtaining stakeholder input. (suggested length – one-half page)

Solano County Mental Health Division obtained stakeholder input into the Community Program Planning Process through multiple strategic strategies, including:

- Community Planning Meetings: community planning meetings occur as needed. In the summer of 2008, community planning meetings were held in each major Solano County city to gather feedback and input about MHSA Capital Facilities Plan. Community Planning meetings are scheduled for May 2009 and June 2009 in order to prepare the MHSA Innovation Plan.
- MHSA Stakeholders Quarterly Meeting: held each fiscal quarter. Hundreds of people are invited via electronic mail, local papers, and community postings in community centers, libraries, and community based organizations. Key stakeholders participate in the meetings, including consumers, family members of consumers, and organizations representing unserved and underserved populations. The meetings provide an update to stakeholders about MHSA activities, as well as seek input, feedback and comments from the community about MHSA plans.
- MHSA Steering Committee: the LMHB reviewed and approved the MHSA Steering Committee for Solano County. The first meeting will occur June 2009 and will meet monthly until a Five Year Strategic MHSA Plan is developed.
- Solano County's Local Mental Health Board (LMHB): provide monthly updates about MHSA Plans and activities, and seek input and comments about MHSA activities. The LMHB includes consumers and family members of consumers. The LMHB is a public meeting and the community participates and provides feedback as well.

2. Identify the stakeholder entities involved in the Community Program Planning Process.

- Consumer and Family Advisory Group: A monthly meeting of consumers and family members is held to provide information, solicit feedback, and input.
- Cultural Competency/Diversity Committee: This committee is a component of the H&SS Mental Health Quality Improvement Committee. The mission of the committee is to fulfill the objectives of the cultural competency plan, which covers organizational, workforce development, consumer services, community outreach and provider education.

- First 5 Solano Children & Families Commission: This Commission provides oversight to the local First 5 Solano efforts and includes community members, Board of Supervisors, Solano Health & Social Services staff, and representatives from each Solano city. This Commission receives periodic updates about the MHSA implementation process (as requested).
- MHSA Stakeholders Group: A quarterly meeting of agencies, organizations, consumers, family members of consumers and individuals is held in order to provide updates about MHSA Plans and solicit feedback and input from the community. The Group meets March, May, August, and November.
- MHSA Steering Committee: A diverse group representing the cultural, ethnic and geographic diversity of Solano County, as well as includes consumers and family members of consumers. The Committee meets up to six times a year and is charged with drafting and overseeing the Five Year Integrated Strategic Plan; developing policy recommendations about Solano County's MHSA Plans; and providing feedback and approval of Annual Updates.
- National Alliance on Mental Illness: Includes consumers and family members of consumers. The group meets monthly and has agreed to include MHSA as a standing agenda item in order to provide updates about MHSA and solicit feedback and input.
- Solano County Health & Social Services Executive Staff: Executive staff include the deputy directors of each division within Solano County Health & Social Services. These staff are briefed on Solano MHSA activities weekly; feedback and input is solicited from this group.
- Solano Early Child Mental/Development Health Collaborative: This Collaborative represents agencies, organizations, consumers, family members of consumers, and providers interested in early child mental/development health issues. This group receives quarterly updates about the MHSA and is solicited to provide feedback and input about MHSA Plans.
- Solano Local Mental Health Board: This Board is active in the MHSA planning process and receives periodic updates about MHSA implementation. The Boards' membership includes representation from the general public, consumers and family members, the Board of Supervisors, organizations, agencies, and etc.
- Solano County Board of Supervisors: The Solano County Board of Supervisors receives updates from the Solano Mental Health Board, including updates about Solano MHSA Plans, Plan Updates, and other MHSA activities. Additionally, the Solano County Health & Social Services Director and/or Solano Mental Health Deputy Director provide updates to the Board and Health & Social Services subcommittee as requested (at least annually).
- Transitional Age Youth (TAY) Collaborative: The TAY Collaborative was recently formed under the leadership of Solano Child Welfare Services. MHSA Prevention & Early Intervention TAY contractors will be required to attend monthly meetings. Additionally, Solano MHSA will provide updates to the Collaborative on a regular basis (as requested).

3. Describe how the information provided by DMH and any additional information provided by the County regarding the implementation of the Community Services and Supports (CSS) component was shared with stakeholders.

The following activities were opportunities to provide DMH information and information about the implementation of the CSS components:

- Community Events: host or attend community events to provide MHSA information and updates to the community.
- Community Outreach: conduct on-going outreach to community based organizations and potential clients and provide information and updates about MHSA.
- Community Postings: post MHSA information and notices at community settings, including libraries, community centers, and community base organizations.
- Electronic Mail Lists: email hundreds of recipients MHSA updates and information.
- Local News Papers: provide press releases to local papers about MHSA information, activities and updates.
- Solano MHSA Stakeholders Meeting: provide quarterly MHSA information and updates to stakeholders.
- Solano Local Mental Health Board: provide monthly updates and information about MHSA CSS to LMHB and stakeholders.
- Solano County's MHSA web page: post MHSA updates and information on the Solano County MHSA web site.

4. Attach substantive comments received about the CSS implementation information and responses to those comments. Indicate if none received.

MHSA CSS Comments and Questions

- Integrated Mental Health Primary Care Services: a comment noted that zero CSS funds were dedicated to integration of Mental Health and Primary Care Services. Solano County's original MHSA Plan included a work plan to integrate mental health and primary health care services. Solano County thanked the stakeholder for their response and asked the stakeholder to participate in the Five Year Strategic Planning Process.
- Foster Family and Bilingual Support Work Plan: a comment supported the work of the Foster Family and Bilingual Support Work Plan and also supported efforts to reach out to unserved and underserved populations in the community. Solano County thanked the community member for her response. Also, Solano County notified the community member that the MHSA FY 2008-09 Plan Update includes funds to expand the Outreach & Engagement work to increase outreach and engagement activities to unserved and underserved populations in Solano County.
- Mobile Crisis Unit Work Plan: Solano County received multiple comments about the expansion of the Mobile Crisis unit in Solano County, including questions about referral processes, response times, number of staff in the unit, consumers in the unit, evaluation, services for children, partnership with Kaiser Permanente, and whether the unit travels to Rio Vista. The information requested by stakeholders was provided at the meeting and included in the meeting notes.
 - The Mobile Crisis phone number is 707-428-1131 for referrals (24 hour answering);
 - Response time is usually about an hour
 - The Unit has not been deployed to Rio Vista yet, but could do so
 - A consumer is part of the Unit

- Mobile Crisis collects data about Mobile Crisis referrals; surveys clients receiving Mobile Crisis services; and meets regularly with law enforcement and hospitals to gather data.
 - Protocols are in place for Mobile Crisis to respond to referrals for children and works closely with Children's Mental Health
 - The Unit works with Kaiser Permanente to develop protocols and working agreements.
 - Mobile Crisis works with minors in a juvenile detention facility, and referrals should be made to 428-1131.
- Children's Full Service Partnership: a question was asked about how much Children's Full Service Partnership (FSP) worked with children in foster care. Solano County responded that some children in the Children's FSP are in foster care.
 - Wellness and Recovery Work Plan: a community member asked if Wellness and Recovery services are provided to Rio Vista citizens. The response was an affirmative. Questions were also asked about how jobs are identified for clients and is there a social time for clients. Clients are assessed and linked to appropriate services, including job placement and prevocational services, vocational services, and supported education. Social activities are provided to clients in Wellness and Recovery programs.
 - Capital Facilities Work Plan: stakeholders asked if Capital Facilities funds will go through a Request for a Proposal (RFP). The Capital Facilities Project Plan will issue a notice to solicit project plans from Applicants.

MHSA General Comments and Questions

- Consumer Staff/Personnel: Solano County received multiple comments and questions about inclusion of consumer staff and personnel within each MHSA Plan and work plan. Solano County identified the MHSA Plans and work plans (existing and proposed MHSA Plans) that include consumer personnel, e.g. Neighborhood of Dreams, Mobile Crisis, Outreach & Engagement, Adult FSP, and Workforce Education and Training.
- Proposition 1E: Solano County received multiple questions about which MHSA Plans or work plans were identified to be reduced/eliminated if Proposition 1E passed. We notified the community that MHSA Plans and work plans have not been identified for reduction if 1E passed on May 19, 2009.
- MHSA Steering Committee: committee members asked how a person may be nominated to the MHSA Steering Committee, and they were advised to contact Jayleen Richards, MHSA Coordinator, at 707-784-8320 or jmrichards@solanocounty.com. Only one request was received.
- MHSA Revenues: a written question was submitted: "How much more will be cut in each program?" The question does not clarify whether they are asking about possible reductions in MHSA funds due to 1E or due to the decline in MHSA revenue. Currently, the Mental Health Division does not know which MHSA Plans or work plans will be reduced if Proposition 1E passes. Solano County has notified stakeholders and contractors that in the FY 2010-11 MHSA funds will decline. Solano County is preparing for the dip. The Five Year Integrated Strategic Planning process is an opportunity to address the projected decline in MHSA revenue.
- Contact Information: a written question was asked if contact names and phone numbers of county staff and contractors could be provided to the public. Solano County will provide this information at the next MHSA Stakeholders meeting on May 21, 2009.

5. List the dates of the 30-day stakeholder review and public hearing. Attach substantive comments received during the stakeholder review and public hearing and responses to those comments. Indicate if none received.

The MHSA FY 2009-10 Annual Update public comment period was Friday, April 17 to May 17, 2009. The Annual Plan was posted on Solano County's MHSA web site, emailed to stakeholders, mailed to those who requested it, and news papers covered it in local papers; directions on how to submit questions and comments were included. Public Hearings occurred at the LMHB meeting on Tuesday, May 19, 2009 and to MHSA Stakeholders on Thursday, May 21, 2009.

Solano County received comments from the community about the reduction to the Neighborhood of Dreams contract (Wellness & Recovery Work Plan). The contract was reduced to \$1,000,000 in FY 2009-10. Neighborhood of Dreams provides Wellness and Recovery services, including prevocational, supported education and vocational services at three sites in Solano County.

The reasoning for the contract reduction was multi-fold: 1.) Due to the economic situation facing the county and the Mental Health division, budget reductions were proposed to the Solano County Board of Supervisors for FY 2009-10; 2.) Solano County needed to maintain Adult FSP services; and 3.) Solano County is preparing for the projected dip in MHSA funds in FY 2010-11. We assured concerned citizens that key Neighborhood of Dreams services will continue at all three sites. In 2009-10 FY, fewer consumers will be served in the program and services will be reduced. However, the core components of Neighborhood of Dreams will remain a part of the program, including vocational services and supported education.

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Exhibit C

Report on FY 2007/08 Community Services and Supports Activities MHSA FY 2009/10 ANNUAL UPDATE

County Name: Solano County

Provide a brief narrative description of progress in providing services through the MHSA Community Services and Supports (CSS) component to unserved and underserved populations, with emphasis on reducing racial/ethnic service disparities. (suggested length – one-half page)

Solano County's CSS Plan includes strategies to address disparities within Solano Mental Health and reach out to unserved and underserved populations in Solano County in order to screen, identify and address potential mental health issues. For example:

- Bilingual Support work plan offers services to families in North Solano County who are monolingual Spanish speakers. The program funds a bilingual Mental Health Specialists and a bilingual Mental Health Clinician. Staff conduct outreach, engagement and treatment services to Spanish speaking families in Vacaville and Dixon enabling them to access care and maintain services. The program strengthens the overall system by expanding services to previously un-served residents, and by increasing cultural competency.
- Wellness & Recovery work plan includes an outreach and engagement component to develop a Strategic Outreach Plan to reach out to unserved and underserved communities and individuals. Neighborhood of Dreams, a community based wellness and recovery organization, conducts ongoing outreach activities to screen, identify and link clients to appropriate community resources and/or mental health services. Additionally, Neighborhood of Dreams provides services in a geographic area that previously had less mental health services than other areas of the county.
- Cultural Competency is integrated throughout the Mental Health division, including CSS work plans, providing appropriate resources, information and training to Mental Health staff, consumers and family members of consumers.
- The make-up of the Mental Health Division strives to reflect the diversity of the community in which we live. Additionally, the Mental Health Division aims to provide mental health services that are linguistically and culturally appropriate for unserved and underserved populations.

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Mental Health Services Act—Work Plan Description (EXHIBIT D)



County Name

Solano County

Work Plan Title

Adult Community Treatment Team—Forensic Assessment & Community Treatment FSP

Population to Be Served

Adult Community Treatment Team—Forensic Assessment & Community Treatment FSP provides services to adults at risk for or associated with the criminal justice system.

Work Plan Description

Forensic Assessment Community Treatment (FACT) Full Service Partnership (FSP) (formerly known as Adult Community Treatment Team) expands its services from 60 clients in the 2008-09 FY to 100 clients in FY 2009-10. Expanding FACT FSP services helps Solano County achieve a majority of CSS funds dedicated to FSPs. In previous years, Solano County FACT was funded by County General Fund, and realignment funds (the expansion of FACT FSP was funded by MHSA). Since County General Fund dollars and realignment funds have been eliminated for this project, Solano County is closing the county funded portion of FACT and reopening all FACT services under MHSA. FACT is a jail diversion for adults with severe and persistent mental illness, as well as nonviolent and misdemeanor offenders (who may have history of violent felonies). The project provides intensive outpatient treatment and supervision; following the principles of FSP to aid individuals develop their individual strengths, self management, network of care, crisis response, illness management, vocational goals, and living situation. Additionally, STRIDES (Steps Towards Recovery Independence Dignity Empowerment and Success) serves clients with severe and persistent mental illness with co-occurring conditions who may be homeless and/or associated with the criminal justice system. STRIDES services also include the FSP principles.

COMMUNITY SERVICES AND SUPPORTS

Annual Number of Clients to Be Served

100 Total

Number of Clients By Funding Category

100 Full Service Partnerships

_____ System Development

_____ Outreach & Engagement

Mental Health Services Act—Work Plan Description (EXHIBIT D)



County Name

Solano County

Work Plan Title

Children's Multi-Disciplinary Intensive Services (Children's FSP)

Population to Be Served

The Children's Multi-Disciplinary Intensive Services (Children's FSP) serves seriously emotionally disturbed children ages newborn to nineteen.

Work Plan Description

The Children's Multi-Disciplinary Intensive Services (Children's FSP) serves seriously emotionally disturbed children, including children: placed out of home; at risk of out of home placement in residential, foster, or institutional care; experiencing their first hospitalization; exiting the Juvenile Hall or other placement(s); or with co-occurring substance use. Children's FSP services follow the MHSA principles for a FSP and include: child and family engagement, comprehensive assessment, and flexible treatment response and support. Services also include working with family to accomplish treatment goals; and providing support and assistance at home, school and/or work. The Children's FSP services also may include support for safe housing, clothing, food, recreation, school, vocational training and nontraditional supports. There are no significant changes in this Work Plan description and the description provided in the FY 2008-09 Plan Update.

COMMUNITY SERVICES AND SUPPORTS

Annual Number of Clients to Be Served

35 Total

Number of Clients By Funding Category

35 Full Service Partnerships

_____ System Development

_____ Outreach & Engagement

Mental Health Services Act—Work Plan Description (EXHIBIT D)



County Name

Solano County

Work Plan Title

Older Adult Treatment Team, FSP

Population to Be Served

The Older Adult Treatment Team serves older adults 65 years of age or older.

Work Plan Description

The Older Adult Community Treatment Team serves older adults with severe and persistent mental illness at risk of deteriorating health and functioning abilities, as well as at risk of losing housing, independence or placement in restrictive settings. Older adults FSP services may also face cultural, language and/or geographical impediments to needed resources. Older Adult FSP services include consumer engagement, co-management of care with primary care physician, support and assistance provided at home and/or work, and consumer and family support, including funds for safe housing, clothing, food, recreation, school, vocational training and other non-traditional supports. Some case management services that reduce or resolve mental health symptoms are not traditionally reimbursable, but are vital to meeting the consumer's needs, including assistance picking up prescriptions; providing education and support about medical issues; accompaniment to and assistance with medical appointments; and assistance and support with rent subsidy applications. The MHSA and FSP principles allow for Solano County to provide these essential services. This Work Plan description does not differ significantly from the CSS FY 2008-09 Plan Update.

COMMUNITY SERVICES AND SUPPORTS

Annual Number of Clients to Be Served

30 Total

Number of Clients By Funding Category

30 Full Service Partnerships

_____ System Development

_____ Outreach & Engagement

Mental Health Services Act–Work Plan Description (EXHIBIT D)



County Name

Solano County

Work Plan Title

Young Adult (Transition Age Youth) FSP

Population to Be Served

1. Severely emotionally disturbed transition age youth (TAY) at risk for homelessness and not completing education.
2. TAY in justice system (any arrest, placement, and incarceration).
3. Youth 16-25 years old leaving home, foster care, placement, residential care and at risk for homelessness.
4. Dually diagnosed youth, including all co-occurring diagnosis.

Work Plan Description

Young Adult Intensive Services is designed to serve seriously emotionally disturbed or mentally ill transition age youth who are homeless or at risk of homelessness because they are leaving home, foster care, placement, residential care, incarceration and/or develop illness late in adolescence. Young Adult Intensive Services include comprehensive assessment, substance abuse treatment, consumer family engagement, supported housing, supported education, flexible treatment response and support, as well as a single person responsible for working with the consumer and family to accomplish treatment goals. Seneca, Inc. is the contractor that provides services to the TAY population in Solano County. In FY 2009-10, the contract will be reduced by 15 percent, resulting in a slight reduction in clients being served.

COMMUNITY SERVICES AND SUPPORTS

Annual Number of Clients to Be Served

20 Total

Number of Clients By Funding Category

20 Full Service Partnerships

_____ System Development

_____ Outreach & Engagement

Mental Health Services Act—Work Plan Description (EXHIBIT D)



County Name

Solano County

Work Plan Title

Foster Family and Bilingual Support Work Plan

Population to Be Served

Foster Family services include mental health services to consumers involved in Child Welfare Services and children in foster care. Bilingual Support services are targeted to monolingual Spanish speakers in North Solano County area.

Work Plan Description

There are no significant differences between the description of Foster Family and Bilingual Support Services project between the Three Year Plan and this Work Plan. The Foster Family Support services includes two clinician/therapists: one to case manage Child Welfare Services consumers who need mental health services and are placed in high end residential treatment facilities, and one to assess and treat foster children who are entering the foster care system. Staff also monitors child hospitalizations and discharge planning aimed at shortening hospital stays, improvising discharge planning and reducing report admittances. Implementation successes include significant improvements in treatment and discharge planning, as well as cost reductions. The programs strengthen the overall system by formalizing partnerships between mental health and child welfare services. Bilingual Support offers services to families in North Solano County who are monolingual Spanish speakers. The program funds a bilingual Mental Health Specialists and a bilingual Mental Health Clinician. Staff conduct outreach, engagement and treatment services to Spanish speaking families in Vacaville and Dixon enabling them to access care and stay connected to services. The program strengthens the overall system by expanding services to previously unserved residents, and by increasing cultural competency.

COMMUNITY SERVICES AND SUPPORTS

Annual Number of Clients to Be Served

60 Total

Number of Clients By Funding Category

_____ Full Service Partnerships

60 System Development

_____ Outreach & Engagement

Mental Health Services Act—Work Plan Description (EXHIBIT D)



County Name

Solano County

Work Plan Title

Wellness & Recovery Centers/Consumer Operated Recovery

Population to Be Served

Wellness and Recovery Centers serve transition age youth ages 18-25, adults, and older adults 65 to 85 years of age.

Work Plan Description

This Annual Update includes a decrease in funds for the Wellness & Recovery work plan. As mentioned above (see FACT FSP), in order to meet the target rate of 51 percent of MHSA CSS funds directed towards FSPs, Solano County expanded Adult FSP services. In order to expand FSP services in Solano County, Wellness & Recovery funds were decreased. Wellness and Recovery Centers are operated by consumers in three Solano communities, including Dixon, Fairfield, and Vallejo. The Centers serve transition age youth and adults with severe mental illness who want life skills support, vocational training, supported education, work opportunities, and peer support. They also serve families who need education, group support and family advocacy to help them keep their children at home. The Centers operate on the principle of "work first" and offer curriculum-based life skills and illness management, education, supported education opportunities, and vocational training and placement.

Also, under Wellness & Recovery, clients in Board & Care Facilities will continue to receive enhanced MHSA services, including case management services by the Mobile Crisis team, which includes assessment, referral and linkage to appropriate community resources and levels of care.

Additionally, through Vocational Services and Supported Education project, clients receive vocational education and employment services in partnership with the State Department of Rehabilitation and other community based organizations. Furthermore, through the partnership with Caminar, Inc. clients receive supported housing services for new consumers; prioritizing clients in the unserved and underserved populations who are not living independently.

COMMUNITY SERVICES AND SUPPORTS

Annual Number of Clients to Be Served

200 Total

Number of Clients By Funding Category

_____ Full Service Partnerships

200 System Development

_____ Outreach & Engagement

Mental Health Services Act—Work Plan Description (EXHIBIT D)



County Name

Solano County

Work Plan Title

Mobile Crisis

Population to Be Served

Mobile Crisis serves clients (children to older adults) and their families confronted with emerging or evident psychiatric crisis at home or in the community.

Work Plan Description

Mobile Crisis will continue to carry out the services as first described in Solano’s original Three Year Plan. Mobile Crisis was designed to serve clients and their families confronted with an emerging or evident psychiatric crisis at home or in the community, including individuals and their families in community support placements, such as residential care facilities and individuals recently discharged from institutional care services.

Mobile Crisis services include:

- Field interventions and linkage to appropriate community resources and/or mental health services in order to avoid hospitalization or involuntary services
- A community safety team that offers support and interventions by a peer or a team (team includes peer and allied health professionals)
- Education and training with law enforcement and service providers to ensure appropriate services during crises
- Integrated services among mental health, hospitals and jails.

In the 2008-09 FY, Solano reduced the operating hours of its 24 hour Crisis Unit and the Mobile Crisis unit expanded its role in serving clients that have traditionally been served by the 24 hour Crisis Unit. Solano County is following best practice models set by other communities in the state. The Mobile Crisis unit operations follows the MHSA principles and is a community based approach to providing clients with mental health services. In order to successfully expand Mobile Crisis and to monitor the expansion, Mental Health meets regularly with other agencies, including law enforcement, hospitals, community based organizations, and policy makers. All partners are supportive and encouraging about the enhanced services for clients through the expanded Mobile Crisis unit.

COMMUNITY SERVICES AND SUPPORTS

Annual Number of Clients to Be Served

500 Total

Number of Clients By Funding Category

_____ Full Service Partnerships

500 System Development

_____ Outreach & Engagement

Mental Health Services Act—Work Plan Description (EXHIBIT D)



COMMUNITY SERVICES AND SUPPORTS

Annual Number of Clients to Be Served
500 Total
 Number of Clients By Funding Category
 _____ Full Service Partnerships
 _____ System Development
 _____ 500 Outreach & Engagement

Solano County

Work Plan Title

Outreach and Engagement

Population to Be Served

Target populations are unserved and underserved, including monolingual speakers, English as a second language population, Latinos, African Americans, Native Americans, and Filipino Americans. Additionally, target populations include very young children (0-5), school age children, transition age youth, older adults, GLBT population (gay, lesbian, bisexual, and transgender), veterans, and adults associated with the criminal justice system, as well as residents in north Solano County and rural areas.

Work Plan Description

Outreach & Engagement Work Plan: The Outreach and Engagement Work Plan was formerly integrated within the Wellness & Recovery Work Plan. In the CSS FY 2008-09 Plan Update, Solano County pulled out Outreach & Engagement as a stand alone Work Plan and expanded Outreach and Engagement efforts in Solano County. This expansion is a result of feedback and comments received from the community, making the Work Plan intentional and strategic around Outreach and Engagement activities.

The Outreach and Engagement unit is charged with facilitating a community driven process to develop a Strategic Outreach Action plan to identify and link unserved and underserved populations to community resources and/or mental health services in Solano County. This unit will expand and deepen outreach and engagement efforts to reach unserved and underserved populations in Solano County. The Strategic Outreach Action Plan will also identify a continuum of community and mental health resources available in the Solano County. Additionally, the unit will develop culturally and linguistically appropriate outreach resources, materials, and training curriculum.

Target populations for outreach and engagement efforts include monolingual speakers, English as a second language population, Latinos, African Americans, Native Americans, and Filipino Americans. Additionally, target populations include very young children (0-5), school age children, transition age youth, older adults, GLBT population (gay, lesbian, bisexual, and transgender), veterans, and adults associated with the criminal justice system, as well as residents in north Solano County regions and rural areas.

Furthermore, Outreach and Engagement will hire and utilize consumers to conduct outreach efforts, link identified people to community resources and/or mental health services, help people navigate systems and provide appropriate peer counseling (under the supervision of licensed clinician).

Mental Health Services Act—Work Plan Description (EXHIBIT D)



County Name

Solano County

Work Plan Title

Early Childhood Developmental Health Services

Population to Be Served

This work plan targets families with children ages 0-5, including both the child and the caregiver (parent, foster parent, or kin caregiver). Indicated intervention services focus on stressed families who have one or more risk factors for social, emotional, and developmental delays. Priority is given to children ages 0-3.

PREVENTION AND EARLY INTERVENTION

Annual Number to Be Served
1760 Total
 Number of Clients By Type of Prevention
482 Early Intervention
700 Indicated/Selected Prevention
578 Universal Prevention

Work Plan Description

This work plan has four prevention and early intervention strategies to provide early childhood developmental health services.

Strategy 1: Parent and Caregiver Education
 This universal prevention strategy provides workshops for parents and caregivers of children 0-5 addressing social and emotional health and development, positive self esteem and asset building, parent-child relationship building, and the importance of nurturing relationships to both the child's and parent/caregiver's mental health.

Strategy 2: Outreach, Provider Education and Training
 This strategy provides workshops on early mental health prevention, screening and assessment, and early intervention to public and private providers of services for children ages 0-5.

Strategy 3: Screening, Assessment, and Referral
 This selective prevention and early intervention strategy will provide screening, assessment, brief interventions, and referral at home visits and community health clinics for infants and young children and their parents who have been identified by home visitors, pediatricians, child care providers, or others as at high risk for negative social/emotional outcomes.

Strategy 4: Parent Coaching
 This early intervention strategy provides intensive parent coaching to improve the parent-child relationship for parents and children including individual and group sessions.

Solano County Mental Health has partnered with First 5 Solano to provide additional funding for these services. Through a Request for Proposals process, five community based organizations formed Partners for Early Access for Kids (PEAK) and were recommended for funding. Services for this work plan are scheduled to begin May 1, 2009.

Mental Health Services Act—Work Plan Description (EXHIBIT D)



County Name

Solano County

Work Plan Title

School Age Project

Population to Be Served

This work plan focuses on early intervention for school age youth. One strategy target students grades 4-8 who have been identified as at risk of school failure due to social/emotional issues. The second strategy targets secondary students grades 9-12 who are at risk of or who have had a first contact with the juvenile justice system. Special attention is paid to ethnic minority students.

Work Plan Description

This work plan has two strategies to provide prevention and early intervention services for school age youth.

Strategy 1: School-Based Targeted Student Assistance Program
 Early intervention services are provided to students at risk for school failure due to an identified need. Targeted short term supplemental services include groups and individual counseling sessions for anger management, problem solving, conflict resolution, communication skills, grief counseling, divorce groups, and social skill building. Schools receiving funding must utilize evidence based school-wide prevention services for social skills training and to promote character development.

Strategy 2: Educational Liaison to Juvenile Probation Multidisciplinary Teams
 This early intervention strategy provides for an educational representative to probation for students who have had their first contact with the juvenile justice system. The educational representative will incorporate academic needs and school related activities into a student's multidisciplinary plan to increase rates of high school graduation and decrease rates of future police involvement.

Strategy 3: Screening, Assessment, and Referral
 This indicated prevention strategy will screen, assess, and refer school age youth who are accessing health services at community health clinics (including Federally Qualified Health Centers) for mental health needs, provide brief interventions and connect youth to community resources and mental health services, as needed.

A Request for Proposals has been issued for Strategies 1 and 2. Service providers will be determined based on recommendations by the review panel. Services are scheduled to begin August 1, 2009.

PREVENTION AND EARLY INTERVENTION

Annual Number to Be Served
 755 Total
 Number of Clients By Type of Prevention
 655 Early Intervention
 100 Indicated/Selected Prevention
 Universal Prevention

Mental Health Services Act—Work Plan Description (EXHIBIT D)



County Name

Solano County

Work Plan Title

Education, Employment, and Family Support for At-Risk Transitional Age Youth

PREVENTION AND EARLY INTERVENTION

Annual Number to Be Served

125 Total

Number of Clients By Type of Prevention

25 Early Intervention

100 Indicated/Selected

Universal

Population to Be Served

This work plan serves transitional age youth ages 18-25 who are at risk for or who have experienced a First Break and are eligible and interested in collage education. Transitional age youth from underserved populations, including cultural minority populations, LGBT youth and foster care, will be specifically targeted.

In addition, this work plan serves parents/caregivers of transitional age youth ages 16-25.

Work Plan Description

This work plan has three strategies to provide prevention and early intervention services for transitional age youth.

Strategy 1: Community College-Based Supported Education and Employment

This strategy provides for supported education for students at risk for or who have experienced a First Break who are pursuing community college education. It includes outreach to underserved populations and communities, transportation, individual educational, employment, and empowerment plans, and job coaching and placement.

Strategy 2: Parent/Caregiver Education and Support

This strategy will offer a course in “Parenting your Transitional Age Youth” at Adult Schools throughout Solano County, covering risk for mental health illness, how to access early intervention and treatment services, empowering youth, and community resources.

Strategy 3: Screening, Assessment, and Referral

This indicated prevention strategy will screen, assess, and refer transitional age youth who are accessing health services at community health clinics (including Federally Qualified Health Centers) for mental health needs, provide brief interventions and connect youth to community resources and mental health services, as needed.

A Request for Proposals is currently being drafted for this work plan and will be issued by June 2009 with services targeted to begin by October 2009.

Mental Health Services Act—Work Plan Description (EXHIBIT D)



County Name

Solano County

Work Plan Title

Older Adult Identification and Linkage Project

Population to Be Served

This work plan serves older adults ages 65 and over who are isolated or in residential facilities. Underserved communities, including Filipino, African American, and Latino populations and Veterans, are targeted.

Work Plan Description

This work plan has four strategies to provide prevention and early intervention services for older adults.

Strategy 1: The Gatekeeper Program

This universal prevention strategy trains those who come in contact with isolated seniors or seniors in residential facilities to recognize the signs for depression and other mental illness and connect those in need to services (through the Navigator Program—see strategy 2).

Strategy 2: The Navigator Program

This selective prevention and early intervention strategy will provide screening, brief intervention, referral, and case management to assist older adults identified in the Gatekeeper Program and through community referrals in accessing early intervention community resources and mental health services.

Strategy 3: Health Provider Education

This strategy provides mental health training to Primary Care Providers and other geriatric health providers on geriatric mental health screening, assessment, illness, and treatment.

Strategy 4: Screening, Assessment, and Referral

This indicated prevention strategy will screen, assess, and refer older adults who are accessing health services at community health clinics (including Federally Qualified Health Centers) for mental health needs, provide brief interventions and connect older adults to community resources and mental health services, as needed.

A Request for Proposals is currently being drafted for this work plan and will be issued in April 2009. Services are estimated to begin September 1, 2009. Annual numbers of older adults served reflect an implementation and training phase during Year 1.

PREVENTION AND EARLY INTERVENTION

Annual Number to Be Served

805 Total

Number of Clients By Type of Prevention

205 Early Intervention

600 Indicated/Selected Prevention

0 Universal Prevention

**FY 2009/10 Mental Health Services Act
Exhibit E Summary Funding Request**

County: SOLANO

Date: 4/16/2009

	MHSA Component				
	CSS	CFTN	WET	PEI	Inn
A. FY 2009/10 Planning Estimates					
1. Published Planning Estimate ^{a/}	\$9,143,000	\$1,073,800		\$3,291,600	
2. Transfers ^{b/}					
3. Adjusted Planning Estimates	\$9,143,000	\$1,073,800	\$0	\$3,291,600	\$0
B. FY 2009/10 Funding Request					
1. Required Funding in FY 2009/10 ^{c/}	\$9,143,000	\$280,002	\$873,474	\$3,291,600	
2. Net Available Unspent Funds					
a. Unspent FY 2007/08 Funds ^{d/}					
b. Adjustment for FY 2008/09 ^{e/}					
c. Total Net Available Unspent Funds	\$0	\$0	\$0	\$0	\$0
3. Total FY 2009/10 Funding Request	\$9,143,000	\$280,002	\$873,474	\$3,291,600	\$0
C. Funding					
1. Unapproved FY 06/07 Planning Estimates			\$0		
2. Unapproved FY 07/08 Planning Estimates	\$0	\$280,002	\$873,474	\$0	
3. Unapproved FY 08/09 Planning Estimates	\$0	\$0		\$1,325,067	
4. Unapproved FY 09/10 Planning Estimates	\$9,143,000			\$3,291,600	
5. Total Funding^{f/}	\$9,143,000	\$280,002	\$873,474	\$4,616,667	\$0

a/ Published in DMH Information Notices

b/ CSS funds may be transferred to CFTN, WET and Prudent Reserve up to the limits specified in WIC 5892b.

c/ From Total Required Funding line of Exhibit E for each component

d/ From FY 2007/08 MHSA Revenue and Expenditure Report

e/ Adjustments for FY 2008/09 additional expenditures and/or lower revenues than budgeted

f/ Must equal line B.3., Total FY 2009/10 Funding Request, for each component

FY 2009/10 Mental Health Services Act
Exhibit E1 CSS Work Plan and Training Funding Request

County: Solano

Date: 4/16/2009

EXHIBIT E1

CSS Workplans			FY 09/10 Required MHSA Funding	Estimated MHSA Funds by Service Category				Estimated MHSA Funds by Age Group			
No.	NAME	New (N) Approve d Existing (E)		Full Service Partnerships (FSP)	System Development	Outreach and Engagem ent	MHSA Housing Program	Children, Youth, and their Families	Transition Age Youth	Adult	Older Adult
1	Children's Intensive Services	E	\$784,819	\$784,819				\$784,819			
2	Foster Family and Bilingual Support	E	\$816,333		\$816,333			\$816,333			
3	Transition Aged Youth	E	\$360,871	\$360,871					\$360,871		
4	Forensic Assessment/Community Treatment	E	\$717,795	\$717,795					\$717,795		
5	Older Adult FSP	E	\$721,191	\$721,191						\$721,191	
6	Mobile Crisis	E	\$1,796,605		\$1,796,605			\$1,796,605	\$1,796,605	\$1,796,605	
7	Wellness and Recovery	E	\$1,618,969		\$1,624,053				\$1,624,053	\$1,624,053	
8	O&E	E	\$83,294			\$83,294			\$83,294	\$83,294	
9		E			\$54,916				\$54,916	\$54,916	
Subtotal: Work Plans			\$6,959,877	\$2,584,676	\$4,291,907	\$83,294	\$0	\$3,397,757	\$3,919,739	\$4,276,663	\$2,656,006
Plus County Administration			\$1,292,322								
Plus Optional 10% Operating Reserve			\$695,988								
Plus CSS Prudent Reserveb/			\$194,813								
Total MHSA Funds Required for CSS			\$9,143,000								

a/ Majority of funds must be directed towards FSPs (Title 9, California Code of Regulations Section 3620(c)). Percent of Funds directed towards FSPs= 37.14%
 b/Transfers to Capital Facilities and Technological Needs, Workforce Education and Training, and Prudent Reserve are subject to limitations of WIC 5892b.

**FY 2009/10 Mental Health Services Act
Exhibit E2 Workforce Education and Training Funding Request**

County: Solano

Date: 4/16/2009

Workforce Training and Education Workplans			FY 09/10 Required MHSA Funding	Estimated Funds Requested by Funding Category				
No.	NAME	New (N) Approve d Existing (E)		Workforce Staffing	Training and Technical Assistance	Mental Health Career Pathway	Residency and Internship	Financial Incentive
1	Workforce Staffing & Support	E	\$247,407	\$247,407				
2	Improve Mental Health Workforce Clinical and Administrative Competence	E	\$42,868		\$42,868			
3	Develop Recruitment Retention and Training Plans for Specific Underserved Populations	E	\$18,380		\$18,380			
4	Expand Cultural Competence Training	E	\$30,633		\$30,633			
5	ESL, Spanish and Tagalog Linguistic Development	E	\$20,830		\$20,830			
6	Training for Law Enforcement (CIT) Personnel Participating in CSS Mobile Crisis Response Program	E	\$36,759		\$36,759			
7	Expansion of Funding for Education and Training Activities Proposed in the PEI plan	E	\$24,506		\$24,506			
8	Consumer and Family Members	E	\$76,582			\$76,582		
9	Expanded Internship and Supervision Program	E	\$55,139				\$55,139	
10	Loan Assumption Program	E	\$73,519					\$73,519
	Subtotal: Work Plans		\$626,642	\$247,407	\$173,995	\$76,582	\$55,139	\$73,519
	Plus County Administration		\$184,168					
	Plus Optional 10% Operating Reserve		\$62,664					
	Total MHSA Funds Required for Workforce Education and Training		\$873,474					

**FY 2009/10 Mental Health Services Act
 Exhibit E3 Capital Facilities and Technological Needs Funding Request**

County: SOLANO

Date: 4/16/2009

Capital Facilities and Technological Needs Work Plans				FY 09/10 Required MHSA Funding	Type of Project	
No.	Name	New (N)/ Approved Existing (E)	Capital Facilities		Technological Needs	
1.	1	Capital Facilities and Technology	E	\$275,000		\$275,000
2.						
3.						
4.						
5.						
6.						
7.						
8.						
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18.						
19.						
20.						
21.						
22.						
23.						
24.	Subtotal: Work Plans			\$275,000	\$0	\$275,000
25.	Plus County Administration			\$5,002		
26.	Plus Optional 10% Operating Reserve					
27.	Total MHSA Funds Required for Capital Facilities and Technological Needs			\$280,002		

FY 2009/10 Mental Health Services Act
Exhibit 4 Prevention & Early Intervention Funding Request

County: Solano

Date: 4/16/2009

CSS Work Plans		FY 09/10 Required MHSA Funding	Estimated MHSA Funds by Service Category			Estimated MHSA Funds by Age Group			
No.	NAME		Universal Preven- tion	Selected/ Indicated Prevention	Early Intervention	Children, Youth, and their Families	Transition Age Youth	Adult	Older Adult
1	Early Childhood Mental Health	\$757,393	\$151,479	\$227,218	\$378,696	\$537,749		\$219,644	
2	School-Age Project	\$936,318		\$234,080	\$702,239	\$936,318			
3	Education, Employment and Family Support for At-Risk Transition Aged Youth (TAY)	\$500,296		\$175,104	\$325,193		\$500,296		
4	Older Adult Project	\$590,735	\$196,912	\$196,912	\$196,912				\$590,735
	Subtotal: Work Plansa/	\$2,784,743	\$348,390	\$833,313	\$1,603,040	\$1,474,067	\$500,296	\$219,644	\$590,735
	Plus County Administration	\$228,383							
	Plus Optional 10% Operating Reserve	\$278,474							
	Total MHSA Funds Required for PEI	\$3,291,600							

a/ Majority of funds must be directed towards individuals under age 25--children, youth and their families and transition age youth .
 Percent of Funds directed towards those under 25 years= 70.90%

EXHIBIT G

**Community Services and Supports Prudent Reserve Plan
 FY 2009/10 ANNUAL UPDATE MENTAL HEALTH SERVICES ACT**

County: SOLANO

Date: April 10, 2009

Instructions: Utilizing the following format please provide a plan for achieving and maintaining a prudent reserve.

1. Requested FY 2009/10 CSS Services Funding	\$ 6,959,877
Enter the total funds requested from Exhibit E1 – CSS line 26.	
2. Less: Non-Recurring Expenditures	- 0
Subtract any identified CSS non-recurring expenditures included in #1 above.	
3. Plus: CSS Administration	+ 1,292,322
Enter the total administration funds requested for CSS from Exhibit E1 – CSS line 27.	
4. Sub-total	\$ 8,252,199
5. Maximum Prudent Reserve (50%)	\$ 4,126 100
Enter 50%, or one-half, of the line item 4 sub-total. This is the estimated amount the County must achieve and maintain as a prudent reserve by July 1, 2010. If the funding level for CSS services and county administration changes for FY 10/11, the amount of the prudent reserve would also change.	
6. Prudent Reserve Balance from Prior Approvals	\$ 2,075,182
Enter the total amounts previously approved through Plan Updates for the local prudent reserve.	
7. Plus: Amount requested to dedicate to Prudent Reserve through this Plan Update	+ 194,813
Enter the amount of funding requested through this Plan update for the local prudent reserve from Exhibit E1 – CSS line 29.	
8. Prudent Reserve Balance	\$ 2,269,995
Add lines 6 and 7.	
9. Prudent Reserve Shortfall to Achieving 50%	\$ 1,856,105

Solano County's prudent reserve rate is 28 percent of the CSS subtotal amount for FY 2009-10. Solano County is proposing a prudent reserve level below the 50 percent requirement since funding a prudent reserve at this level would require a reduction in services below the 2007-08 FY levels (as stated in DMH Information Notice Number 07-25 p.4). Solano County began implementing CSS services in FY 2005-06 and has implemented these services since.

Additionally, in FY 2009-10, Solano County is beginning a MHSA Five Year Integrated Strategic Planning Process—the goal is to develop a program, financial, and evaluation plan for MHSA over five years. The MHSA Five Year Strategic Plan will address Solano County's Prudent Reserve and be completed within the 2009-10 FY.

-END-