

# Mental Health Services Act FY 2009-10 Annual Update

Jayleen Richards, MHSA Coordinator  
May 19, 2009

# What is the Mental Health Services Act (MHSA)?

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- MHSA was enacted when voters approved Proposition 63 in 2004.
- Imposes a 1 percent income tax on personal income in excess of one million dollars. The funding is distributed to counties upon approval of MHSA Plans and subsequently on an annual basis
- MHSA provides funds, personnel and other resources to expand local mental health services
- Services focus on wellness and recovery as well as prevention, early intervention for target populations, including children, transition age youth, adults, older adults and families.

# The Principles of MHSA

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- Community collaboration
- Cultural competence
- Client driven mental health system
- Family driven mental health system
- Wellness, recovery and resilience focus
- Integrated service experience.

# The Principles of MHSA

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- Outreach to unserved and underserved populations
  - Racial and ethnic groups
  - Geographic areas
  - A range of age groups
- Utilize best practices and evidence based strategies to deliver mental health services
  - Prevention and early intervention
  - Reduce negative outcomes.

# MHSA Community Planning and Public Comment Period

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- Local Mental Health Board: meets monthly—provide updates and seek input.
- MHSA Stakeholders: quarterly meeting of community stakeholders—provide updates and seek input.
- MHSA Steering Committee: create and oversee MHSA Strategic Plan; provide feedback on policy decisions.

# MHSA Community Planning and Public Comment Period

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- National Alliance on Mental Illness (NAMI) and Consumer and Family Advisory Committee (CFAC): MHSA is a standing agenda item—provide updates and seek feedback.
- Community planning meetings: held throughout the year to develop plans, seek input and provide updates.
- Various community meetings, including Early Childhood Mental/Developmental Health Collaborative, Senior Coalition, Clinic Consortium, IFSI Collaborative, and etc.

# MHSA Community Planning and Public Comment Period

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- MHSA Plans are posted for 30 day public comment period and notify public about public comment period.
- Public comments are incorporated into the final MHSA Plan.
- The final MHSA Plan is presented to the Solano Local Mental Health Board after the 30 day public comment period
- Submit final MHSA Plan to California Department of Mental Health for review and approval.

# Five MHSA Components

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1. Community Support & Services: fully implemented
2. Prevention & Early Intervention: implementation phase
3. Capital Facilities and Technology: implementation phase
4. Workforce Education & Training: pending state approval
5. Innovation: community planning phase



# MHSA FY 2009-10 Updates and Highlights

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- Community Support and Services
  - Full Service Partnerships (FSPs)
    - FSPs for target populations
    - Expand adult full service partnerships.
  - Systems Development
    - Continue supported education and vocational services within budget limits
    - Mobile Crisis
    - Supported Housing
    - Foster Family and Bilingual Support services
  - Outreach and Engagement
    - Start-up and implement Outreach and Engagement
  - Prudent Reserve
    - Proposing less than a 50% Prudent Reserve in 2009-10 FY because service levels would decrease.
    - Solano County's MHSA Five Year Strategic Plan will address the prudent reserve.

# MHSA FY 2009-10 Updates and Highlights

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- Prevention and Early Intervention
  - Very young children
  - School age children
  - Young adults
  - Older Adults

# MHSA FY 2009-10 Updates and Highlights

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- Prevention and Early Interventions (PEI)—Updates:
  - Integration of mental health and primary care services:
    - Expand PEI services to community health care centers to reach unserved and underserved populations.
    - Screen, identify and address mental health issues in the primary care center for PEI target populations.

# Public Comments about MHSA FY 2009-10 Annual Plan

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- Received community comments about the reduction to the Neighborhood of Dreams (NOD) contract.
  
- In FY 2009-10, NOD will receive \$1 million to continue to provide wellness & recovery services in Dixon, Fairfield, and Vallejo, including:
  - Skills building
  - Prevocational services
  - Supported vocational services
  - Supported education services.

# Solano Local Mental Health Board

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■ Questions?

# How to Contact Solano MHSA

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