

Solano County Mental Health
Mental Health Services Act
Innovation Community Planning Meeting Notes

Innovation Community Planning meetings were held in May and June 2009 in each major city in Solano County. Stakeholders, mental health consumers, family members of consumers and the general public were invited to attend.

Meetings began with a review of the background and guidelines for Innovation, along with what was identified as needs from previous MHSA community planning.

4 Funding priorities of Innovation—All projects must fit under one or more categories

- Increasing Access for Underserved Groups
- Promoting Interagency Collaboration
- Increasing Access to Services
- Increasing Quality & Outcome of Services.

Definition of Innovation

- Novel & Creative
- Developed with Under-Served Communities
- Promotes Recovery & Resilience
- Reduces Disparities in Services & Outcomes
- May Not Always Be Successful
- Leads to Learning and Adoption of Successful Approaches.

Innovation Funding

- FY 08-09 Planning Estimate = \$718,900
- FY 09-10 Planning Estimate = \$718,900
- \$359,500 out of these Planning Estimates has already been drawn down for Community Program Planning
- Future Years Funding= Calculated at 5% of Community Services & Supports and Prevention & Early Intervention Planning Estimates

Identified Priority Populations—from a review of CSS, PEI, Cap/IT community planning and plans

- Geographically distant populations
- Address disparity in mental health services in north county, including Dixon, Vacaville, and Rio Vista
- Underserved ethnic populations, including non-English speaking, Latino, and Filipino
- Uninsured and underinsured
- People facing stigma and discrimination in accessing mental health services.

Identified Gaps in Services— also from a review of CSS, PEI, Cap/IT community planning and plans

- Increased access through community clinics and primary care
- Increased access to psychiatry.

Group Activity

Participants were then broken up into groups of 2-4 people and asked to brainstorm Innovation projects that follow the guidelines presented. Each group was asked to answer the following questions about their project and report out:

- Briefly describe your innovation project
- Under which funding priority does your innovation best fit?
- Who is your target population?
- How is your project creative or innovative? How does it contribute to learning?

Each group recorded their project plan on a form and turned them in for a record.

MHSA Quarterly Stakeholder Meeting/Innovation Community Planning

Fairfield

May 21, 2009

Attendees: Mental health consumer, parent of a mental health consumer, representatives from: Caminar, Solano STRIDES, Community Clinic Consortium, Youth & Family Services, Hugs 2 A Fresh Start, Crestwood, Neighborhood of Dreams, Dreamcatchers, Circle of Friends, Fairfield Police Department, Solano County Health & Social Services Public Health, Children's Nurturing Project, Mission Solano, Solano County Health & Social Services Mental Health,

Discussion:

Questions were asked regarding funding, including how Solano County planned to spend the community planning funds and whether Innovation funds were taken out of CSS and PEI. Solano County will spend some of the community planning funds on holding community planning meetings to gather input into the Innovation Plan. Funds not spend on community planning will be available for the Innovation Plan. Innovation funding is calculated by 5% of the CSS and PEI Planning Estimates, but is a separate funding stream and does not take the funding from those plans.

Stakeholders confirmed the priority populations and added that transition age youth and LGBTQ (lesbian/gay/bisexual/transgendered/questioning) were additional priority populations. In addition, stakeholders confirmed that increased access to psychiatry was needed.

Group activity responses:

GROUP A

Briefly describe your innovation project:

One year transitional housing for homeless mental health clients, including access to services, education and paid work training. i.e. social security, mental health/psychiatry etc. education through adults schools/college, work experience/ training within the community.

Under which funding priority does your innovation best fit?

- Increasing Access for Underserved Groups (Homeless population)
- Increasing Access to Services
- Increasing Quality & Outcome of Services

Who is your Target Population?

Homeless adults (mental health)

How is your project creative or innovative? How does it contribute to learning?

Does not currently exist – education/ training/ housing in one bundle.

GROUP B

Briefly describe your innovation project:

Hiring a consulting & treating psychiatrist to work with clients of collaborating partners (non-profits and other) to address mental health issues that their clients are having (ages 0-65).

Under which funding priority does your innovation best fit?

Promoting Interagency Collaboration.

Who is your Target Population?

Incarcerated or formerly incarcerated adults and their families. Dual diagnosis, adolescents and adults, as well as substance abuse during pregnancy.

How is your project creative or innovative? How does it contribute to learning?

It doesn't exist and is needed.

GROUP C

Briefly describe your innovation project:

Increase access to medication for uninsured or underinsured homeless population. Easier transition from county to county. Promotions and interagency collaboration.

Under which funding priority does your innovation best fit?

- Increasing Access for Underserved Groups
- Increasing Access to Services
- Increasing Quality & Outcome of Services

Who is your Target Population?

Homeless, uninsured/ underinsured

How is your project creative or innovative? How does it contribute to learning?

Education component added as to the danger of mixing "street drugs" with prescribed drugs for self medication

GROUP D

Briefly describe your innovation project:

Mobile Mental Health Clinic – physical, dental care, vouchers wellness, welcoming, connectivity (reduce stigma with incentives) & peer consumers to act as intake professional. In kind services to primary care and peer counseling program.

Under which funding priority does your innovation best fit?

- Increasing Access for Underserved Groups

Who is your Target Population?

LGBT people 18 plus

MHSA Community Program Planning

Rio Vista

May 27, 2009

Attendees: Family member of a consumer, representatives from: Rio Vista Care, Rio Vista Library

Discussion: The participants emphasized that Rio Vista remains an underserved area. The underserved in the Rio Vista include residents of smaller rural communities and farms who experience isolation. Often these residents are non-English speaking which increases isolation.

GROUP A

Briefly describe your innovation project:

It would build on relationships existing through "Rio Vista for Christ" network (informal ministerial association). Teach modern concepts of MI & recovery. Demonstrate how to include the MI families without stigmatizing them. Do this without doctrines 7 denominations being barriers. This is not about faith or being right. Increasing access for underserved groups. The rural population (both within the community & Rio Vista & the outlying rural areas) needs more adequate access to education, mental health & health services etc. A focus group could be developed to encourage participation in community activities. The isolation of this population can be contributed to depression, alcoholism and other dysfunctional diagnosis/behaviors.

Under which funding priority does your innovation best fit?

- Increasing Access for Underserved Groups
- Increasing Access to Services

Who is your target population?

Low income English speaking & Latino speaking population. Consumers & family members, clergy & lay leaders of congregations in Rio Vista

How is your project creative or innovative? How does it contribute to learning?

We have not done this here! The MI faith community is strong nationwide e.g. Mennonite DVDs/ Episcopal MI network out of Little Rock, AR

MHSA Community Program Planning

Vallejo/Benicia

June 3, 2009

Attendees: Representatives from: First 5 Solano Children's and Families Commission, Philippine Nurses Association of Northern CA, Solano County Health & Social Services Mental Health

Discussion: The group discussed ways of reaching the community. One group member attributed the relatively small attendance to the fact that a major community fair was scheduled for the following weekend and many people who might otherwise attend were involved in event preparation. Community events offer an opportunity for County Mental Health to reach underserved communities. This discussion led to one of the project suggestion below.

GROUP A

Briefly describe your innovation project:

Vallejo adult Mental Health pilot

Under which funding priority does your innovation best fit?

- Increasing Access for Underserved Groups

Who is your target population?

Un-served and underserved

How is your project creative or innovative?

Case management for the un-served and underserved

GROUP B

Briefly describe your innovation project:

Outreach & education to Board & Care (Filipino) staff for the elderly population. Once trained & outreached, perhaps they can be conduits of support & information for their clients (family members who are in need of mental services). In turn these B & C staff may themselves make use of referrals (mental health)

How is your project creative or innovative? How does it contribute to learning?

Many of the B & C staff has been in the U.S. for 2-5 years and care for patients with out mental health needs. Partner with Filipino health care professional organizations.

GROUP C

Briefly describe your innovation project:

Presence of Community Services and Supports in cultural & health fairs i.e. Pista sa Nayon

Under which funding priority does your innovation best fit?

- Increasing Access for Underserved Groups

Who is your target population?

Filipino population

How is your project creative or innovated? How does it contribute to learning?

Their fairs have healthcare partners but no mental health providers.

GROUP D

Briefly describe your innovation project:

Helping and supporting underserved population who are losing or have lost their houses. Having banks or mortgage companies provide information on mental health resources while they are getting this. Banks will be given a brochure to list a checklist of symptoms of depression.

Under which funding priority does your innovation best fit?

- Increasing Access for Underserved Groups

Who is your target population?

Underserved ethnic populations, recently uninsured population who lost their job, home & health insurance.

How is your project creative or innovative? How does it contribute to learning?

We feel that depression is usually under diagnosed. A stressor has been identified as losing home and job. Partnering with their mortgage company has not been identified. Identifying stressors in our community is a learning opportunity to find gaps & available services.

Innovation Community Program Planning

Dixon

June 10, 2009

Attendees: No attendees participated in this event.

Innovation Community Program Planning

Vacaville

June 17, 2009

Attendees: 3 consumers, 4 family members of consumers, Representatives from: Community Clinic Consortium, Solano County Health & Social Services Mental Health

Discussion: Attendees agreed that increased access through primary care would be helpful. In addition, they confirmed that there is a lack of services in Vacaville and access to services can be difficult in that part of the county.

GROUP A

Briefly describe your innovation project:

Increasing community access by improving notification and letting people know what is available and how to reach out to resources. Sponsorship weekly and continue to assist with mental health access. Create education and outreach materials for families & consumers like medication, services (co. community clinics, community based organizations), insurance, re-training opportunities, and support groups.

Under which funding priority does your innovation best fit?

- Increasing Access for Underserved Groups
- Increasing Access to Services

Who is your target population?

Offenders of the law (thru jails and probation/parole), families of consumers, community at large i.e. students, teachers, law & community.

How is your project creative or innovated? How does it contribute to learning?

Creating one directory for families to simplify the process, educating the community will help to reduce stigma – alert the agency public to the truth about mental illness.

Training curriculum for high school students, teachers, law enforcement, and community at large. Being involved and increasing awareness and encouraging involvement.

GROUP B

Briefly describe your innovation project:

Increase public awareness using radio/newspapers, grapevines and around town publications. Mentorship sponsorship program – support from others weekly contracts. (Channel 26 & 27, Vacaville Reporter, KUIC, Grapevine, City of Vacaville Magazine) using these mediums to get the word out about services and programs available. Sponsorship program – weekly contact by sponsor to assist patient with mental health access.

Under which funding priority does your innovation best fit?

- Increasing Access to Services
- Increasing Access for Underserved Groups

Who is your target population?

Mental health patients of all age groups and their families.

How is your project creative or innovated? How does it contribute to learning?

By increasing awareness and encouraging involvement

GROUP C

Briefly describe your innovation project:

Mentorship program for any type of volunteer, to provide support to mental health clients and provide 24 hour support. Maybe a designated room or sanctuary to receive support. Outreach and education about mental health illness. Community wide training of medical mental health.

Under which funding priority does your innovation best fit?

- Increasing Access for Underserved Groups
- Promoting Interagency Collaboration
- Increasing Access to Services
- Increasing Quality & Outcome of Services

Who is your target population?

Anyone experiencing mental health illness – onset or after crisis.

How is your project creative or innovated? How does it contribute to learning?

Non - existing service; builds community support for mental health issues.

Consumer/Family Advisory Committee

Fairfield

June 17, 2009

Attendees: Representatives from: Neighborhood of Dreams and Solano Parent Network

Discussion: This group questioned why new programs were being initiated while existing programs were being cut. Strong support for current programs was expressed. The major underserved group identified by the participants was Transition Age Youth.

GROUP A

Briefly describe your innovation project:

Bring new ideas such as employment, volunteer work, or working a specifically designed program for young population. Work shops for careers and means to work towards them. Offsite trips for unique learning experiences. We need visual learning instead of filling out worksheets and collaboration with other programs.

Under which funding priority does your innovation best fit?

- Increasing Access for Underserved Groups
- Promoting Interagency Collaboration

Who is your target population?

TAY, Underinsured or Uninsured, Older Adult

How is your project creative or innovated? How does it contribute to learning?

Community outreach, vocational, job preparedness, resume building. Target specific interest of TAY population. Collaboration with other programs.

GROUP B

Briefly describe your innovation project:

Continue with services that are on-going and successful (i.e. NOD with Dreamcatchers college programs, work, TAY)

Under which funding priority does your innovation best fit?

- Increasing Access for Underserved Groups
- Promoting Interagency Collaboration
- Outreach @ job fairs
- Wellness & Recovery centers
- Schools
- Hospitals (long term/short term stay)
- Camp Wellness

Who is your target population?

Adults w/ growing % of TAY

How is your project creative or innovated? How does it contribute to learning?

Collaboration with Dreamcatchers employment; adult school services 5 days a week; on-going education w/ LPT such as medication, education, and also licensed drug & alcohol counselor to provide dual recovery.