

MHSA Steering Committee Workgroup Recommendations

September 30, 2009



Children's Workgroup

1. Identify additional funding to appropriately staff mobile crisis to increase in-home/in-school response for crisis de-escalation and crisis treatment planning.
2. Provide all children's services in the child's natural environment, including at home and in school, as safe and appropriate.

Children's Workgroup (cont.)

3. Train mental health staff on evidence based practices related to children.
4. Provide training to school administrators, teachers, etc., on children's mental health services offered by Solano County and the most effective way to access these services.

Children's Workgroup (cont.)

5. Increase outreach efforts to families with children, commensurate with the Co. Mental Health's capacity to serve new clients, including developing a resource guide of children's mental health services and utilizing existing networks for distribution.

Transition Age Youth Workgroup

1. Develop a Peer Mentoring Program.
2. Explore the idea of utilizing a local psychiatrist in a TAY FSP.
3. Develop ways to increase availability of housing opportunities for TAY.

Transition Age Youth Workgroup (cont.)

4. Create matrix showing links between providers and services in the community.
5. Increase coordination with Mobile Crisis Unit to more effectively assist TAY, and reduce perception that Mobile Crisis Unit is hesitant to help TAY.

Adult Workgroup

1. Implement customer service training with a focus on respecting the dignity of the individual.
2. Increase integration/collaboration with community partners (law enforcement, hospitals).

Adult Workgroup (cont.)

3. Increased educational training & employment opportunities for consumers and family members throughout MHP and Mobile Crisis
4. Disperse educational resource information throughout the community, County via resource guides, e-mail and website.
5. Create a structured outpatient follow-up.

Older Adult Workgroup

1. Provide senior peer counselors and peer support groups (in FSP, community and County Outpatient Clinics).
2. Retain and strengthen Older Adult FSP:
 - Return to 1.0 FTE Supervisor
 - Dedicate RN to program or secure additional nursing support.

Older Adult Workgroup (cont.)

3. Revisit program design to address needs on a continuum between Outpatient Clinic and FSP (investigate IMPACT model).
4. Mobile Crisis in-home case management.

Older Adult Workgroup (cont.)

5. Provide additional staff for Mobile Crisis as well as training in geriatric mental health.
6. Increase availability of affordable housing using MHSA Housing and other available funding sources.

Full Service Partnership Workgroup

1. Consumers and family members of consumers are considered equal partners to treatment providers in the treatment process.
2. Focus is on the client and client's family members' entire situation and how the mental health concerns are affecting all aspects of life for a "whatever it takes" approach.

FSP Workgroup (cont.)

3. The ultimate goal of the FSP is to move the client toward wellness & recovery.
4. Consumers are provided with cultural and linguistically appropriate services.

FSP Workgroup (cont.)

5. Other Key Aspects of a FSP should include:
 - Coordination of medical and mental health care
 - 7 day a week/24 hour access to mental health services
 - Support with housing
 - Advocating for consumer needs and teaching consumers empowerment.