

**Mental Health Services Act
MHSA Stakeholders Meeting
Meeting Notes**



Meeting Date: Thursday, February 18, 2010
Location: Dixon Senior Center, 201 South Fifth Street Dixon, CA 94520
Note Taker(s): Kristina Feil
Facilitator: Jayleen Richards

DRAFT

Attendees: Laurie Andres, Norha Boileve, Travis Curran, Lynn DeLapp, Kristina Feil, Norman Filley, Susie Frank, Robert Fuentes, Artee Greene, Cindy Halliday, Linda Knight, Randy Lopez, Sanjida Mazid, Parivash Mottaghian, Peggy Pellon, Darlene Perez, Jayleen Richards, Megan Richards, Andre Robertson, Tracee Stacey, Pam Watson, Shereene Wilkerson

Agenda Item	Notes	Public Comment/Action Steps
I. Welcome and Introductions	Jayleen Richards opened with a welcome and introductions took place around the room.	
II. Review Agenda and Purpose of Meeting	<ul style="list-style-type: none"> • The Agenda was reviewed. • The purpose of this meeting is to present an overview of the Prevention & Early Intervention (PEI) School Age Initiative and a community planning session for the PEI Statewide Funds. • There will also be some updates on MHSA State budget issues going on, as well as some upcoming Request for Proposals (RFP) Solano County Mental Health is planning to release. 	
III. Review Notes from December 3, 2009 Meeting	The notes were reviewed and approved as is.	
IV. Prevention & Early Intervention School Age Initiative: Overview of Services, Solano County Office of Education and Vacaville Unified School District	<ul style="list-style-type: none"> • After a year long community planning process around PEI and another year long process on the RFP and contracting processes, all four PEI initiatives contracts have been awarded and started as of January 2010. • The two latest contracts awarded were the PEI School Age Initiatives, Solano County Office of Education 	<ul style="list-style-type: none"> • Isn't Mary Bird a school for the older age group? <ul style="list-style-type: none"> ➤ <i>It has been from grades 2-12 for at least 3-4 years now but they are planning on dividing the campus so they will be separated.</i>

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	<p>(SCOE) and Vacaville Unified School District (VUSD):</p> <ul style="list-style-type: none">• The SCOE project support program, in collaboration w/Children’s Nurturing Project, offers services to kids in grades 4th – 8th in schools in Solano County (excludes Vacaville because they operate their own services).<ul style="list-style-type: none">▪ Their goal is to serve students who have been identified as at risk of school failure (due to social/emotional issues, lack of social skill or emotional resiliency, etc.).▪ The services they provide are individual and small group counseling sessions and are currently working with Dixon, Travis, Vallejo, and Fairfield-Suisun Unified School Districts at Cambridge, Mary Bird, Cleo Gordon, David Wear, and Anderson schools. (Future schools to work with: Loma Vista and Mare Island)▪ They also provide parent education classes and plan to do three of these before the end of the school year.▪ Solano County Mental Health’s role is to provide the direct services (e.g. Clinicians working w/ teachers, parents, school staff during the counseling sessions) and to work w/ the Multi-Disciplinary Teams (MDTs) (i.e. police & probation officers, child protective services, school district staff, etc.)▪ SCOE also oversees the entire PEI Project Support Program. They gather data from VUSD and include it in reports.	
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<p>IV. Prevention & Early Intervention School Age Initiative: Overview of Services, Solano County Office of Education and Vacaville Unified School District, cont'd</p>	<ul style="list-style-type: none"> ▪ They have just started their services for the PEI Project Support Program in January 2010 so they don't have the data (# of County students they are working with) as of yet, but they are planning to serve 50 students at each school. ▪ Some of the issues that they've had was getting parents to understand the services, so they've provided everything in Spanish and had interpreters at their outreach events. • The VUSD will use the grant to fill their gaps (the mental health piece of the health system for schools) in learning support. <ul style="list-style-type: none"> ▪ They wrote a Wellness Program and has partnered w/ Kaiser Permanente who has been helping them w/ the physical part. Now SCMHS will be helping them w/ the mental health part. ▪ With this grant, they are receiving \$114K per year to wrap services to provide early prevention to students in grades 4-6. ▪ They are giving their data to SCOE and are working with them on the infrastructure, as well as working on a model for the multi-disciplinary taskforce w/ the Vacaville Police Dept (VVPD). ▪ They are working w/ the VVPD and currently have social work interns from Sacramento State and University of CA that are supervised. Interns provide services around anger management, bullying, and parent one-on-one meetings. ▪ They currently have 10 schools and of that, 8 are being served. Orchard School will be left out 	<ul style="list-style-type: none"> • Re: Intervention, does VUSD have interventions specifically around gangs? <ul style="list-style-type: none"> ➤ <i>Yes, we do. We have a gang task force in Vacaville that works early intervention to enforcement.</i> • Is the Matt Garcia Youth Center using any of these services? <ul style="list-style-type: none"> ➤ <i>I believe Vacaville and Fairfield are talking. They are not the Boys & Girls Club model, but they are using a youth center model.</i>

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	<p>because the budget can only serve 9 schools and because they already have mental health services.</p> <ul style="list-style-type: none">▪ Included in the grant is a Project Director that oversees the interns one day a week.▪ Carolyn Patton, VUSD Assistant Administrator, helps SCOE w/the MDT. They meet at least 2x/mo. in the chief of police office in Vacaville to work on students in the juvenile justice system or on the cusps of that to case manage them. Carolyn then wraps around services for their transition back to high school.▪ For foster kids entering the VUSD and needing a layer of support and students who do not have permanent housing, this is done through Shereene Wilkerson's office.▪ VUSD is using some data gathered from last year to try and have some permanent school counselors. If this data is good enough, they will try and get funding from the grant that just came out from the U.S. Dept. of Education.▪ They're looking at skill development and youth development, making sure they help the kids on building on the assets which is really important.▪ A new program through the Sierra Health Foundation called REACH, a youth development for 10-15 year olds, has started. They're goal is youth development and wellness in elementary school; student counsel in middle school; and leadership, youth taking on tobacco, student counsel in high school; or be an advocate within the community.	
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<p>IV. Prevention & Early Intervention School Age Initiative: Overview of Services, Solano County Office of Education and Vacaville Unified School District, cont'd</p>	<ul style="list-style-type: none"> • In the PEI Initiatives we will measure outcomes for each project. • An outcome measures for VUSD: 24 students were served in the Fall and out of those students, 100% of them that were referred for office referrals, didn't have an office referral during the time period they were served, and 100% of the students who had individual counseling goals met their counseling goal. 	
<p>V. Community Planning for Prevention & Early Intervention Statewide Funds</p>	<ul style="list-style-type: none"> • There are 5 PEI Statewide Projects: <ol style="list-style-type: none"> 1. Suicide Prevention 2. Stigma and Discrimination Reduction 3. Student Mental Health 4. Training, Technical Assistance, and Capacity Building 5. Reducing Disparities • DMH is releasing guidelines about funding for the first 3 projects, and has already released guidelines for #4 and Solano County has already pulled down some funds from that for evaluations and some training around some of the PEI initiatives. They have not yet released guidelines for #5. • The PEI Statewide funds are one time funds. These funds were set aside for 4 years of funding. • In May 2008, according to the Mental Health Oversight and Accountability Commission (OAC) it would be most effective to implement these through a statewide entity. • In Sept. 2008, the Dept. of Mental Health (DMH) said that if the counties gave their money back to the State, then they can implement the projects on behalf of the counties – this was not effective because not all 	<ul style="list-style-type: none"> • What is a disparity? <ul style="list-style-type: none"> ➤ <i>The Reducing Disparities could be geographically, ethnic or cultural populations and how they're able to access services, what services they're receiving and outcomes of certain populations, and etc. We need to make sure we provide the same services for anyone who needs them.</i> • Did DMH get 2 years of the back end or is there only 2 years left of the 4 year money? <ul style="list-style-type: none"> ➤ <i>Starting in FY 08-09, there's 4 years of funding. Counties were able to assign 1 or more years of funding (most actually assigned 4 years). The FY 08-09 MHSA funding reverts back to the MHSA general funds after 3 years – so it will revert back to the MHSA funds at the end of FY 10-11.</i> ➤ <i>Solano County did reassigned one year of funding and decided they would reassign future years after they see how things would work out.</i> • If the State does not spend the money, is there any language from them saying that they will give the money back to the counties that have reassigned their funds?

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	<p>counties assigned their money.</p> <ul style="list-style-type: none"> • In Jan. 2010, DMH has approved 2 other additional options: <ol style="list-style-type: none"> 1. Assign to a Joint Powers Authority (JPA) aka CalMHSA (government entity made up of counties) 2. Create a multi-county collaborative replicable project • All of the projects in the guidelines, regardless of the funding option, are required to demonstrate collaboration w/other counties, conform to already developed goals and strategies in State Strategic Plans, and have a statewide impact. • The State has already gone through 3 strategic planning processes and the ideas in the strategic plans have gone through a stakeholder input. • The implementation options are: <ol style="list-style-type: none"> 1. Assign to DMH—however, DMH has not been able to execute the plans. 2. Have a multi-county collaborative—lengthy process, no planning funds available to execute plans funds and stringent evaluation requirements 3. Implement through a JPA—most likely to have statewide impact, most expedient method, will have delegated administrative authority to complete project plan, evaluation, and documentation on behalf of Solano. • Solano County Board of Supervisors approved the county to join the JPA in Jan. 09. • There were originally 7 counties in the JPA, now there are 10 part of the JPA. Los Angeles is going to their Board of Supervisors next month to get approval to be part of the JPA. 	<ul style="list-style-type: none"> ➤ Complete information not available at the time of the meeting. • The governor can trigger other particular mechanisms that we are not even aware of yet and say that he’s going to keep the money anyway. <ul style="list-style-type: none"> ➤ <i>Since the state is struggling fiscally, Solano County would like to request and assign these funds as soon as possible.</i> • Will the counties that assigned their funding get their money back? <ul style="list-style-type: none"> ➤ <i>No, they will not get their money back. These funds are to be used for statewide projects—not for local county projects.</i> • So the money from FY 08-09 needs to be spent by the end of FY 10-11? <ul style="list-style-type: none"> ➤ <i>Yes.</i> • Does the money need to be spent or need to be encumbered? <ul style="list-style-type: none"> ➤ <i>The money has to be encumbered.</i> • Does all the money have to be used in order for it to happen again? <ul style="list-style-type: none"> ➤ <i>The money is a 4 year, 1 time funding so after the 4 years, that’s it.</i> • When they find out the process they’re going to do for stigma reduction, who’s going to do the actual work? <ul style="list-style-type: none"> ➤ <i>JPA would consult w/counties on which projects they’re interested in doing, get counties who would like the same projects together and CalMHSA would utilize a contractor to provide services.</i> • So it is not going to be uniformed? It could be
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	<ul style="list-style-type: none"> • Currently, DMH & JPA are working on a contract that if counties decide they want to put their money into JPA, the money that have already been assigned by counties can also go into JPA. The money would not go back to the counties, but would go from DMH to JPA. • Our next steps are to wait for the guidelines to come out and the decisions on where to put our funding needs to go through a 30 day public comment period & a stakeholder process, which we are holding today (that is the stakeholder process). • We also need to be part of the CalMHSA (the JPAs formal name) Stakeholder process to determine project plans. 	<p>separate projects for different counties?</p> <ul style="list-style-type: none"> ➤ <i>It could be separate projects for different counties or it could be all counties.</i> <ul style="list-style-type: none"> • If the whole idea is they're supposed to have a statewide impact, who's supposed to prioritize the projects & money for each project? <ul style="list-style-type: none"> ➤ <i>In the original strategic plans, there's a certain dollar amount allocated and approved to be utilized for each plan. According to the guidelines, counties will need to spend their money proportionally on each of the projects.</i> • How can we influence the process to make sure it has impact here? <ul style="list-style-type: none"> ➤ <i>It is our responsibility to inform our stakeholders of what's happening at the JPA and allowing those places for the stakeholder process.</i> • Do you bring the process to the stakeholders and ask for their input then bring it back to the director? <ul style="list-style-type: none"> ➤ <i>It could be at a community meeting like this or it could be in an email.</i> • When Solano County Mental Health sends out an email, how much participation do they get? <ul style="list-style-type: none"> ➤ <i>We get excellent participation through the community planning processes.</i>
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<p>V. Community Planning for Prevention & Early Intervention Statewide Funds, cont'd</p>		<ul style="list-style-type: none"> • If the State wants to do something systemic and they're going to fund 20 grants from \$100K-\$350K, and our county, within the surrounding counties, gets the grant, does that mean we have a responsibility to network? <ul style="list-style-type: none"> ➤ <i>The JPA would come out w/ an RFP and as a local agency we could get together w/ other local agencies to talk about going in on a proposal.</i> • How much money is being used for these projects? <ul style="list-style-type: none"> ➤ <i>Over 4 years and statewide, there's \$160M, which is \$40M per year. Solano County's allocation is \$401 per year.</i> • Who's the keeper of the funds for the JPA? <ul style="list-style-type: none"> ➤ <i>They are its own government entity.</i>
<p>VI. Updates and Announcements</p>	<p>Re: State of California Budget</p> <ul style="list-style-type: none"> • Governor released FY 10-11 budget and proposed to use MHSA funds to help balance the budget. In order to do this, the State of California would have to issue language on the June ballot. • There are 2 budget proposals to utilize MHSA funds: <ol style="list-style-type: none"> 1. \$400M of MHSA funds will be used and issued on the June ballot 2. \$800M of MHSA funds would be used if additional federal funds are not secured. <p>Re: Request for Proposals (RFPs)</p> <ul style="list-style-type: none"> • Completed a strategic planning processes for the MHSA Community Supports & Services and the MHSA Innovation and will issue the RFPs soon (goal is by the 	

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	<p>end of this month).</p> <ul style="list-style-type: none"> • The MHSA Innovation Project is to have a mobile mental health unit to provide services or consultation and technical assistance on providing mental health services in the community <p>Re: May is Mental Health Month (MMHM)</p> <ul style="list-style-type: none"> • We really want our community to get involved because there are so many mental health services provided out there, not just the county. • We will come out with a calendar with all of the events going on around mental health in the county. • If you have any events, please contact MH Administration @ 784-8320. <p>Re: National Alliance on Mental Illness (NAMI) Walk</p> <ul style="list-style-type: none"> • NAMI is a Solano County affiliate that has 16 members and works in collaboration with other bay area NAMIs. • NAMI is the county's voice on mental illness. Their goal is to provide support to people (and their family) w/ mental illness, to educate people about mental illnesses, and to advocate legislatively for mental health services. • They offer free 12 week educational classes to families that have loved ones w/ mental illness. These classes are taught by family members. • In recognition of MMHM, there will be a NAMI Walk. This is the only source of fundraising for the entire year. This is the only walk in the U.S. that you can register for free. • The NAMI Walk will be at Golden Gate Park in San Francisco on Saturday, May 22, 2010. • There is also a free Family-to-Family course starting on Feb. 24th for 12 weeks. Call Helen @ 451-4788 for more info. 	<ul style="list-style-type: none"> • Robert Fuentes reported that there is a very interesting project that Joseph Robinson is working on about Latinos and the disparities among Latinos. If they finish on time, it should be presented on Cinco de Mayo. • Is the county going to have a planning group about the MMHM events? <ul style="list-style-type: none"> ➤ <i>Yes and if people would like to be involved in the planning, please let Megan Richards or Joseph Robinson know.</i>
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<p>VI. Updates and Announcements, cont'd</p>	<p>Re: Volunteer Center</p> <ul style="list-style-type: none"> • Faith in Action is working with the Non-Profits Coalition for over a year now trying to get a Volunteer Center in Solano County • On April 23rd, the new Volunteer Center will be launched. The event will take place from 11am-1pm at the Government Center. • Currently, there will be 150 non-profits that will be registering. Any non-profits can register online for free. • For non-profits, they can go to the creator of this volunteer center in the east bay, and they have a section for the non-profits to learn how to run a volunteer program. • Faith in Action already has secured funding for this for at least 1 year and will have more funding for the 2nd year. Any money from fundraisers they do will go towards the 3rd and 4th year. <p>Re: Vocational Services Program</p> <ul style="list-style-type: none"> • This program is in collaboration with Dreamcatchers, Neighborhood of Dreams, State Dept. of Rehabilitation (DOR), and Caminar Jobs Plus. • DOR provides vocational rehabilitation, Solano County provides mental health services, and the job developers help the consumers get prepared for the work. • All of the jobs are competitive, so anyone (even those with no mental illness) can apply for them. 	<ul style="list-style-type: none"> • Are you working with the Adult schools in the county? <ul style="list-style-type: none"> ➤ <i>DOR is actually working w/ the ROP program but there's hardly any training left.</i> • ROP is going to change next year because it's going to be K-12 based but there will still be an adult school in Vacaville, so there might be a way to partner. • The foster youths are also partnering with the adult schools and the emancipated foster youths. Most of the foster youths are considered to have a disability but could be in better collaboration.

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<ul style="list-style-type: none"> • Consumers in this program are 18 and older that have the desire to work. This program helps them with job placements. • From July 1, 2009 – December 30, 2009, there were: <ul style="list-style-type: none"> ▪ 51 people are in job search/development ▪ 40 people are in training programs ▪ 10 people are currently working 30 hours (on average) ▪ 8 people have already completed 90 days of work • \$162,235 (from MHSA and County general funds) was put down for this project and will be matched (4x more) by the federal, so this makes our budget for this project \$761,665. • The county is planning on having a focus group and anyone who is interested to help plan on how to get more referrals for the next 3 years please contact Sanjida Mazid. • Re: Workforce Education & Training Program <ul style="list-style-type: none"> ▪ Currently in contract negotiations w/ California Institute for Mental Health (CiMH). Hopefully to start April 1st. <p>Re: Prevention and Early Access for Seniors (PEAS) Evaluations for this presentation were passed out.</p> <ul style="list-style-type: none"> • There will be some advertisements on the gatekeeper trainings throughout the community. The first training will be next Tuesday for key partners and stakeholders. • This program includes 3 major components: <ol style="list-style-type: none"> 1. Gatekeeper Training (developed for people who live and work in the community and who are in 	<ul style="list-style-type: none"> • For the person being referred, how would the navigator have their buy in? <ul style="list-style-type: none"> ➤ <i>Some people will say no, but it doesn't mean we have to totally accept it. A lot of times it's how we approach people and most of us have had training on this and just as long as people know we're there to help they're usually receptive.</i>
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	<p>the best position to recognize early signs of changes)</p> <ol style="list-style-type: none"> 2. Navigator Senior Outreach Team 3. Health Care Provider Trainings <ul style="list-style-type: none"> • The referral process for the community gatekeepers is call (707) 643-1798 and give them your name, phone #, the situation, and the person who you are referring. • Once the referral is received, they'll decide if they need to do a brief intervention or go out and do a full in-home assessment. 	
<p>VII. Complete Evaluations</p>	<p>The attendees were given some time to fill out the meeting evaluations.</p>	
<p>VIII. Adjournment</p>	<p>Next Meeting: Thursday, June 3, 2010 3:00-5:00PM Fairfield Civic Center Library, 1150 Kentucky Street Fairfield</p>	<p>Please notify Solano County Mental Health should you need assistance at the meeting at 707-784-8320.</p>