

**Solano County Mental Health**  
**Mental Health Services Act**  
**Family Support and Involvement Opportunities**

<b>Program/Agency</b>	<b>Family Support Opportunity</b>
Early Childhood Mental Health Prevention & Early Intervention Project, <i>Partnership for Early Access for Kids (PEAK)</i>	<p><b><u>Parent Education Workshops:</u></b> Workshops on a variety of topics, such as discipline, developmental milestones, community resources.</p> <p><b><u>Parenting Coaching:</u></b> Evidence-based parent coaching, including Nurturing Parenting Program, Incredible Years, and Parent Child Interaction Therapy (PCIT).</p>
School Age Prevention & Early Intervention Project, <i>Solano County Office of Education and Vacaville Unified School District</i>	<p><b><u>Parent Consultation:</u></b> Parents are contacted prior to student participation in short term targeted counseling or multi-disciplinary team case management. In addition, parents are consulted throughout the course of a student’s services to support skills being learned in counseling.</p> <p><b><u>Parent Education Workshops:</u></b> Workshops on a variety of topics related to parenting and psychosocial/behavioral skills for students.</p>
Transition Age Youth Prevention & Early Intervention Project, <i>Crestwood Behavioral Health</i>	<p><b><u>Parent/Caregiver Support Group:</u></b> Group support for parents and caregivers of transition age youth. Topics include community resources and identifying mental health needs of transition age youth. (Youth does not need to have a mental health diagnosis.)</p>
Prevention & Early Intervention Behavioral Health/Primary Care Integration, <i>La Clinica de La Raza</i>	<p><b><u>Family/Parent Support Visits:</u></b> Brief interventions and with a social worker and referrals for families and parents.</p>
Wellness & Recovery Services, <i>Faith in Action, Caminar, and California Hispanic Commission</i>	<p><b><u>Family Member Peer Counselors:</u></b> Older Adult family members are recruited as peer counselors for senior peer counseling. Family members are also involved in program development and review.</p> <p><b><u>Family Support:</u></b> Psycho-educational support groups for caregivers and family members. Connect caregivers and family members with appropriate resources. Involve caregivers and family members in community and holiday celebrations.</p>
Full Service Partnerships, <i>Solano County Mental Health, Caminar, and Seneca</i>	<p><b><u>Individualize Family Support:</u></b> Families of consumers in Full Service Partnerships are provided individualized, appropriate support, based on the consumers’ care plan.</p>
Innovation Community Access to Resources & Education, <i>Aldea</i>	<p><b><u>System Navigation:</u></b> Screening, linkage to community resources, and follow up for individuals, families, and family members.</p> <p><b><u>Family Therapy:</u></b> Mental health services include family therapy, when appropriate.</p>