

## Program Components

- Cognitive Behavioral Orientation
- Structured Behavioral Modification
- Crossroads EBP Life Skills Program
- Aggression Replacement Therapy
- Fully Accredited High School
- GED Testing on Site
- Vocational Programs (including welding certifications)
- Evening Self-Enrichment Classes:
  - ✓ *Drug, Alcohol and Change*
  - ✓ *Anger Management and Youth Violence Prevention*
  - ✓ *Gang Awareness*
  - ✓ *Parenting*
  - ✓ *Victim Awareness / Domestic Violence*
- Weekend Work Program
- Consistent 24-hour Supervision

### Ward comments:

"I like the fact that the counselor listened to what I had to say."

"I liked learning the tools—coping and problem solving."

"I think for people wanting help, this class can help your life, to make it better."

"We talked about things that made me think about the way my mom was treated."

"I learned to control my anger by using self talk."

"I learned the five steps of parenting. This will help me be a better future parent."



The challenges our young people must deal with in our modern society are very complex and intense. Consequently, when a young person violates the rules of society, the system that is challenged with correcting offending behaviors must be equally intense and considerate of the complex environment from which they came.



"In spite of everything, I still believe that people are really good at heart."

~ Ann Frank, *The Diary of a Young Girl*

July 15, 1944

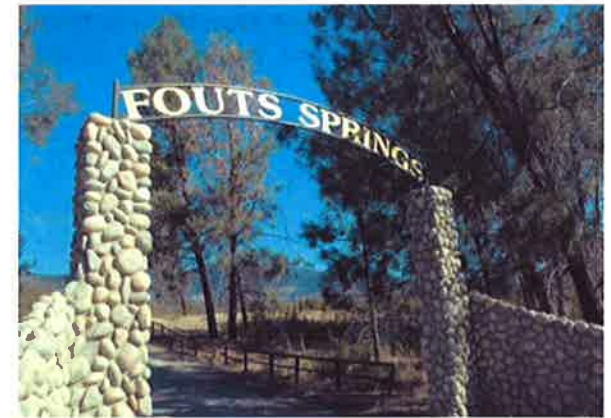


Solano County  
Probation Department

## FOUTS SPRINGS YOUTH FACILITY

*Located in the  
Mendocino National Forest  
In Colusa County*

**Established in 1959:  
Serving youth for over 50 years.**



For more information, please visit us under the Solano County Probation Department website, Fouts Springs Youth Facility link:

<http://www.co.solano.ca.us/depts/probation>

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**"Pay attention to the young, and make them just as good as possible."**

**~ Socrates, 5th Century B.C.**

## The Vision

It is the mission of Fouts Springs Youth Facility to provide a structured environment for the wards placed here. With assistance, they must learn to exist cooperatively with others, accept responsibilities, the consequences for their behavior, and work through problem areas. Our objective is to provide a consistent, structured, supportive, and predictable environment in which wards can be encouraged and enabled to internalize the necessary behavioral changes that will allow them to function legally and productively in the community.

**Fouts is a program designed to serve as a positive and effective resource for California Counties to help wards attain personal growth and development through accountability, responsibility, and achievement.**



"We cannot always build the future for our youth, but we can build our youth for the future."

~ F. D. Roosevelt, 32<sup>nd</sup> President



## Intervention Path

### ~ First Step

All wards receive a complete orientation on day one and an initial case conference within seven days to review their identified issues and goals established by supervisory staff during the intake process.

### ~ Second Step

Each ward then works with their assigned case manager (counselor) to develop an individualized plan that includes an assessment of individual needs and identification of and agreement to address behaviors that are in need of change. Case managers meet with each ward weekly to support a ward's progress toward meeting goals, to assist in re-evaluation of goals and to address other personal and program issues. The content of weekly meetings is reviewed by senior and supervisory staff to assure focus is maintained on intervention plans.

### ~ Third Step

Supervising Group Counselors meet with the wards for an overall program review on a monthly basis. This review gives each ward formal feedback as to their progress in the program and allows the ward an opportunity to comment on and assess their own progress with supervisory personnel.

### ~ Fourth Step

Wards establish long-term goals and a survival plan that they will rely on upon their return home. Each ward leaves the program with a Personal Portfolio that includes their goal / action plan and other supportive aftercare materials. With Probation Officer approval, some wards remain in contact with the program, via telephone, to receive additional support and/or share their achievements.